



Cabrillo College Athletics

Newsletter Date

April, 2018

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Upcoming Events:

Baseball @ Cabrillo

4/14 vs Hartnell 1:00

4/19 vs Gavilan 2:30

4/24 vs Canada 2:30

4/27 vs Canada 2:30

Softball @ Cabrillo

4/19 vs West Valley 3

4/21 vs San Mateo 12

4/24 vs San Jose 3pm

Beach Volleyball @ Main Beach

4/13 vs Foothill & West Valley 1pm

5th Annual Bob Swenson Memorial Golf Tournament

cabrillogolf.eventbrite.com

Friday June 1st Seascapes Golf Course

Athletic Department Update

The Cabrillo College Athletic Department is part of the HAWK Division. We have dedicated coaches and student-athletes that pride themselves on hard work and success. Coaches work tirelessly in recruiting student-athletes to come to Cabrillo College. We have over 300 student-athletes on campus that take part in 15 different intercollegiate sports at Cabrillo College. Once on campus, and even before they arrive, coaches are mentors to these individuals. They guide students to student services on campus including financial aid, counseling, assessment and the tutoring services in the HUB. Student-athletes under the Seahawk Academic Fitness Program are required to complete study hours and take advantage of tutoring services. It is essential that student-athletes do well in their coursework in order to remain eligible to participate. On average student-athletes enroll in 15 units/semester and the majority finish their degree in 2 years and transfer to 4-year institutions. Many continue their athletic careers at the next level.

We have many student-athletes who have committed to play at 4 year schools next year with athletic and/or academic scholarships. Including but not limited to **Football:** Terrence Smith-University of San Diego, Troy Menna-Benedictine University and Travis Schuher-multiple offers **Volleyball:** Rebecca Lee-Notre Dame de Namur, Alyssa Nelson-Menlo College, Camryn Rocha-University of Nevada Reno **Men's Soccer:** Walmer Martinez-CSUMB, Steve Lopez-CSUMB, Rogelio Mata-CSUMB.

Student Athletes of the Month: March

Micaela Decker #5 Catcher Softball

Micaela has caught every game for the Seahawks this year. Her Batting average month of march .444 with 13 RBI's.

Micaela is a Liberal Arts and Sciences major with a 3.75 GPA. She will complete her AA at the end of this Spring after 2 years at Cabrillo College. She plans to transfer and continue her softball and academic career. She hopes to get her Master's Degree in Marine Biology, coach softball, be a translator for American Sign Language and help young girls with disabilities play softball



Meet the Coach

Kristy Rosinger

6th season as Head Softball Coach

High School:

Soquel High School '01

College:

Cabrillo College: 1.5 years

San Jose State University:

BS- '07: Forensic science and microbiology

MA- '09: Biological Sciences

Played Basketball and Softball at Cabrillo, and Softball at SJSU-All-WAC Academic-2 years

Occupation:

Santa Cruz Bio-Technology

Family:

Married to Janelle Rosinger and has a baby boy Hudson

Favorite Sports Teams:

SF Giants and Oakland Raiders

Fun Fact:

Enjoys fishing and hiking

Contact Us

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Jonah Shabry #1 Second Base

Jonah has excelled in the classroom and on the field all semester, but especially during the month of March, when he enjoyed a 15-game hit streak. Overall on the season Jonah leads the team in Batting Average (.367), RBI's (19) and Stolen bases (5).

Jonah is a Kinesiology major with a 3.5 GPA and has aspiration of becoming a Physical Therapist.

Samper 4th Grade Experience



The athletics department was excited and honored to volunteer at the Samper 4th Grade Experience. Student-athletes helped set up, break down and joined Sammy the Seahawk in leading stretches with the 4th graders. The football players also battled 4th graders in an epic dance off!!



Cabrillo College  **5TH ANNUAL** 

BOB SWENSON MEMORIAL GOLF TOURNAMENT
SUPPORTING CABRILLO COLLEGE ATHLETICS

JUNE 1ST 2018
SEASCAPE GOLF CLUB
610 CLUBHOUSE DR. APTOS

- REGISTRATION AT 11:30AM
- SHOTGUN START AT 1:00PM
- 4 PERSON SCRAMBLE

PROCEEDS SUPPORT

CABRILLO COLLEGE ATHLETICS
GO SEAHAWKS!

DONATIONS:
\$160 EARLY BIRD ***
\$175 AFTER 5/20/18

INCLUDES

- GREEN FEES
- GOLF CART
- TEE PRIZE
- LUNCH
- DINNER & REFRESHMENTS
- RAFFLE AND SILENT AUCTION

***** EARLY BIRD REGISTRATION AT WWW.EVENTBRITE.COM**

