Cabrillo Women’s Volleyball 2014
Jr. High Summer Volleyball Programs

Session #1
- June 9 – June 25
- Mon. and Wed.
  5:30 PM – 7:00 PM
- $150

Session #2
- July 7 – July 23
- Mon. and Wed.
  12:30 – 2:00 PM
- $150

Sign up for one or both sessions!!

The Jr. High program is an all skills program that will focus on all the fundamental skills of passing, setting, hitting and digging. By the end of the program we will be playing games!!

The Jr. High program will be run by Gabrielle Houston-Neville the Cabrillo College Head Women’s Volleyball coach and her assistant coaches and players. They will provide technical training in a fun environment for all levels to learn the game and also for more experienced players to improve and refine their technical skills. Players will be placed in skill/age level groups where Gabrielle and the Cabrillo Women’s team will provide drills and games that are appropriate for that skill.

Please mail in the enclosed registration form to:
Gabrielle Houston
CABRILLO VOLLEYBALL
6500 SOQUEL DR. APTOS, CA.95003

If you have any questions please email Cabrillo Women’s Coach
Gabrielle Houston-Neville at
ganevill@cabrillo.edu
Cabrillo Women’s Volleyball
Jr. High Summer Volleyball Programs

Name:__________________________________________________________

Age: __________

Address:_______________________________________________________

Phone Number:_________________________________________________

Email Address:_________________________________________________

Please sign me up for : (check the desired box) or both sessions for $250

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Cabrillo College Volleyball
Women’s Volleyball Coach Gabrielle Houston-Neville
6500 Soquel Dr. Aptos, Ca. 95003

Please make checks payable to CABRILLO WOMEN’S VOLLEYBALL