

**Cabrillo College
Engineering Abroad
Costa Rica January 2019**

Fall 2018 Schedule

<p>Meeting 1 Fri, Sept 7</p> <p><u>What's Due:</u> Passports, Tetanus, Funds, Report</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Pre-Survey T-Shirts Color & Shirt Size Time Management Engineering Abroad Club Forms Deposit Donations & Contributions Club Approval: Reimb JP for Flights Submit Gilman Scholarship Application Costa Rica Projects by Brandon</p> <p><u>Assignment:</u> practice your presentation (due Mtg 2)</p> <p><u>Assignment:</u> Submit Gilman Scholarship Applications (due Mtg 2)</p>	<p>Meeting 2 Fri, Sept 14</p> <p><u>What's Due:</u> Presentations; Gilman Application</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Research Presentations Fund Raising Discussion Deposit Donations & Contributions</p> <p><u>Assignment:</u> Question Set1 (due Mtg 3) Pls answer the following questions:</p> <ul style="list-style-type: none"> • How has our culture impacted you? • There is a saying: "You can only observe 1/3 of the culture; the other 2/3 is unobservable but is there." What does this mean to you? • Describe teamwork: What works well? What is detrimental to teamwork? • What rules do you want to see in practice around construction area? • Some CA areas are at high altitude. How can this affect you? • What would be appropriate clothes to wear in Central America (CA)? • What should we do to be safe walking around in CA cities/towns? • How many hours of sleep do you need? When you do not get enough sleep, how are you affected? • Any food allergies? Vegetarian?
<p>Meeting 3 Fri, Sept 21</p> <p><u>What's Due:</u> Question Set1</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Pre-Survey Research Presentations Discussion: Question Set1</p> <p><u>Assignment:</u> Health Activity (due Mtg 4) To prepare for abroad experience, pls do the following for one week: Keep your hands away from your eyes and mouth; always wash your hands with soap or use sanitizer before you eat (or don't touch your food); and do not let water go in your mouth when you are taking a shower.</p> <p><u>Assignment:</u> Read Center for Disease Control (CDC) (due Mtg 4) for Travel Info to Costa Rica</p>	<p>Meeting 4 Fri, Sept 28</p> <p><u>What's Due:</u> Health Activity & Read CDC for Costa Rica</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> CDC suggestions Health Discussion; Food Quiz Katie Dowling, FNP-C, Cabrillo College Health Center Director/Nurse</p> <p><u>Assignment:</u> Travel Health Information Decide on Travel Immunizations. Meet with your doctor or Cabrillo's Health Center and get travel immunizations.</p>

<p>Meeting 4 Fri, Oct 5</p> <p><u>What's Due:</u> Decide & Get Travel Immunizations</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Prepare for Student Senate Presentation: Thurs, Oct 11: sometime 3:00-5:00 pm Engineering Project Discussion Fund Raising Discussion Hand out T-Shirts</p> <p><u>Assignment:</u> Dream Volunteer Registration: (due Mtg 5) dreamvolunteers.org/machform/view.php?id=101</p>	<p>Presentation Thurs, Oct 11 3:30 pm</p> <p><u>Presenters:</u> Nick, Cody, Barbara, Miguel Jo-Ann, Brandon</p>
<p>Meeting 5 Fri, Oct 12</p> <p><u>What's Due:</u> Dream Volunteer Registration</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Composting Presentation and Tour Michael Johnson, Horticulture Instructor</p> <p><u>Assignment:</u> nothing</p>	<p>Meeting 6 Fri, Oct 19</p> <p><u>What's Due:</u> nothing</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Cabrillo Release Form Dream Volunteer Registration Fund Raising Discussion Project Discussion</p> <p><u>Assignment:</u> research compost shredders and rabbit (due Mtg 7) hutches</p>
<p>Meeting 7 Fri, Oct 26</p> <p><u>What's Due:</u> Research: shredders & hutches</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Build Hutch</p> <p><u>Assignment:</u> Question Set2: (due Mtg 8) Think about the following questions and type up your answers:</p> <ul style="list-style-type: none"> • What are your comfort items that you always like to have with you? • What do you expect you should have with you every day while traveling? • What should we do to stay healthy abroad? • What do you expect your sleeping, eating, and bathing areas to be like? 	<p>Work Day Sat, Oct 27</p> <p><u>Topics:</u> Building Hutch and possibly shredder (Brandon as Lead)</p>

<p>Meeting 8 Fri, Nov 2</p> <p><u>What's Due:</u> Question Set2</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Group Discussion: Question Sets 1 & 2 Daypack Item Activity</p> <p><u>Assignment:</u> Read World Citizen Guide and type up the answer the 5 questions you are assigned: (due Mtg 10) Barbara 1-5; Cesar 6-10; Cody 11-15; Jose 16-20; Kailee 21-25; Miguel 26-30; Nicolas 31-35; Rosa 36-40; Simeon 41-45; Summer 46-50</p>	<p>Meeting 9 Fri, Nov 9</p> <p><u>What's Due:</u> World Citizen Guide Questions</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Presentation by Brian Buntz, Dream Volunteers Sign Up for Meeting with Jo-Ann</p> <p><u>Assignment:</u> Meet with Jo-Ann (due Mtg 11)</p>
<p>Meeting 10 Fri, Nov 16</p> <p><u>What's Due:</u> World Citizen Guide Ques</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> World Citizen Guide Ques Discussion</p> <p><u>Assignment:</u> Personal Health History Form (due Mtg 11)</p>	<p>Fri, Nov 23</p> <p style="text-align: center;">Holiday – No School</p>
<p>Meeting 11 Fri, Nov 30</p> <p><u>What's Due:</u> Individual Mtg with Jo-Ann & Personal Health History Form</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Register for ENGR 98B Gilman Scholarship Acceptance Pack List Handout Money Belts Meet Richard Beach, donor</p> <p><u>Assignment:</u> Read JP's Pack List and make your own (due Mtg 12)</p> <p><u>Assignment:</u> Bring in Travel Bag (optional) (due Mtg 12)</p>	<p>Meeting 12 Fri, Dec 7</p> <p><u>What's Due:</u> Pack List & Travel Bag (optional)</p> <p><u>Present:</u> Jo-Ann Panzardi, Brandon Faria</p> <p><u>Topics:</u> Students' Leadership Roles Abroad Rules Spring 2019 Engr Abroad Mtg schedule</p> <p><u>Assignment:</u> your blog entry (your date)</p> <p><u>Assignment:</u> 500-word reflection (due Fri, Feb 8...1st Spring 2019 Meeting)</p> <p><u>Assignment:</u> 30-minute writing in journal everyday (due Fri, Feb 8...1st Spring 2019 Meeting)</p> <p><u>Assignment:</u> Photo Journal: ~20 photos with captions (due Fri, Feb 8... 2nd Spring 2019 Meeting)</p>