TO: Faculty Senate, VPI, and the Cabrillo College Governing Board
FROM: Onnie Killefer, Kinesiology Program Chair
DATE: Oct 1, 2014

RE: Request to modify course mapping for KIN 52ABC, 56ABC, KIN 61ABC, KIN 62AB, and KIN 39AB

• On behalf of the Kinesiology department, I request that the discipline mapping for KIN 52ABC, 56ABC, KIN 61ABC, and KIN 62AB be modified to include coaching. Currently these classes are mapped only to Kinesiology.

KIN 56ABC is Beach Volleyball, a growing intercollegiate sport that the Athletic Department is considering adding in the near future. The most qualified instructor for this class is one who has experience in beach volleyball and this would come from coaching.

KIN 61ABC Swim Fitness should already be mapped to coaching, but due to an oversight, is not. Instructors with knowledge of conditioning, interval training, aerobic fitness in the water, and swimming technique would also be the best qualified to coach swimming. Similarly, KIN 62AB Water Aerobics involves cardiovascular conditioning, muscle strengthening, and flexibility through non-swimming exercise. This is also a natural fit for the instructor with aquatic coaching background.

Additionally, KIN 52ABC Ultimate Frisbee should be mapped to coaching. The most qualified instructor for this class would be not necessarily the one with a masters degree in Kinesiology or Exercise Physiology, but rather one with a knowledge and background in team sports. Again, coaching would be the natural fit, and the current instructor has experience in team sports and in particular, ultimate Frisbee.

• KIN 39AB is Gyrokinesis® Movement Yoga, and the request is to map this course to Dance. Currently KIN 37AB Yoga is mapped to Dance, and subsequently we would like to make a parallel mapping with movement yoga. The current instructor is one of the original master instructors in Gyrokinesis® and teaches workshops all over the world.

Courses: KIN 52ABC, KIN 56ABC, 61ABC, KIN 62AB
Discipline to add: Coaching

KIN 39AB
Discipline to add: Dance