

ATHLETICS

ATH 10 Athletic Conditioning

Provides the opportunity for students to cross train and to improve fitness levels for intercollegiate competition. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC, WITH LIMITS: Any or all ATH & KIN Activity courses combined: maximum credit-4 units.

Section	Days	Times	Units	Instructor	Room
99353	MTWTH	3:30PM-6:10PM	1.50	D.Arbet	STADIUM

Meets 5 weeks, 7/5-8/3. For returning and potential intercollegiate football athletes.

ATH 30 Baseball Skills Development

Provides off-season skills development and conditioning for men's intercollegiate baseball.

Transfer Credit: CSU; UC, WITH LIMITS: Any or all ATH & KIN activity courses combined: maximum credit-4 units.

Section	Days	Times	Units	Instructor	Room
99351	TW	3:00PM-5:15PM	0.75	R.Kittle	BASFIELD

Meets 6 weeks, 6/20-7/26. Holiday 7/4. For returning and potential intercollegiate baseball athletes.

ATH 35 Volleyball Skills Development

Provides off-season skills development and conditioning for intercollegiate volleyball.

Transfer Credit: CSU; UC, WITH LIMITS: Any or all ATH & KIN activity courses combined: maximum credit-4 units.

Section	Days	Times	Units	Instructor	Room
99354	MTWTH	3:30PM-5:50PM	1.00	G.Houston/E.Pauly	1101

Meets 4 weeks, 7/5-7/27. For advanced level players and returning and potential intercollegiate volleyball athletes.

ATH 36 Water Polo Skills Development

Provides off season skills development and conditioning for intercollegiate water polo.

Transfer Credit: CSU; UC, WITH LIMITS: Any or all ATH & KIN activity courses combined: maximum credit-4 units.

Section	Days	Times	Units	Instructor	Room
99358	TTH	8:30AM-9:50AM	0.50	J.Thomas	POOL

Meets 6 weeks, 6/20-7/27. Holiday 7/4. Primarily for intercollegiate water polo and swimming athletes.