

DANCE

DANCE 10 Dance Appreciation

Examines dance through viewing dance performances, lecture, discussions, and exploration, focusing on the historical, cultural, and artistic developments of dance and western dance styles in the 20th Century.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65373	MW	08:00AM-09:20AM	3.00	R.Van Dessel	454
65374	M	06:00PM-09:05PM	3.00	C.Funsch	SAC202

DANCE 57 Dance Repertory

Rehearse and perform the choreographic repertory of faculty, guest artists, and/or student choreographers while learning how to fully produce a dance concert.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65375	MW	11:15AM-12:50PM	1.00	R.DeCosse	1117

DANCE 58 Street Dance and Hip Hop I

Introduces beginning hip hop and street dance styles and forms. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times for credit; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
66695	T	03:30PM-05:30PM	0.75	Y.Porter-Honicky	Wat4330
65376	W	08:00PM-10:00PM	0.75	Y.Porter-Honicky	1117

DANCE 59 Latin Dance

Latin Dance styles, including Salsa, with additional selections from Merengue, Cumbia, Rhumba, ChaCha, Mambo, Samba and Tango. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times for credit; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65378	F	10:00AM-12:10PM	0.75	A.Farhood	Wat4330
Meets 15 weeks 2/19-6/4. Holiday 4/2.					
65379	F	12:40PM-02:15PM	0.50	H.Jackson-Jones	1117
Meets 15 weeks 2/19-6/4. Holiday 4/2.					
65377	T	07:15PM-09:15PM	0.75	H. Jackson-Jones	1117

DANCE 61 Introduction to Dance/Moving to Live Music

Introduces basic dance techniques (conditioning, strength, flexibility, alignment, coordination, rhythm, body and spatial awareness), dance vocabulary, and elements of expressive style while promoting ease and confidence in movement. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65380	MW	06:15PM-07:50PM	1.00	R.VanDessel	1117

DANCE 62 Pilates Mat Work

Provides applied instruction in introductory Pilates mat work with an emphasis on body/mind awareness, increased strength, flexibility, and efficiency of movement function leading to improved performance. Repeatability: May be taken 4 times.

Transfer Credit: CSU; UC with limits: Any or all PE activity courses combined: maximum credit-4 units. Dance 62 is considered a PE activity course.

Section	Days	Times	Units	Instructor	Room
66872	MW	07:45AM-09:20AM	1.00	S.Spencer	1117
66871	TTH	08:15AM-09:15AM	0.75	R.DeCosse	1117
66870	F	08:30AM-10:10AM	0.50	L.Van Buuren	1117
Meets 15 weeks 2/19-6/4. Holiday 4/2.					
66869	TH	11:10-12:30PM	0.50	L.Van Buuren	1117

DANCE 63 Dance Improvisation

Introduces the basic skills of improvisation which enhance creativity in movement, while exploring the elements of time, space, shape and energy as they relate to dance, dance performance and other art forms in personal and group movement experiences. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65386	MW	01:00PM-02:35PM	1.00	R.DeCosse	1117

DANCE 64 Intermediate Modern Dance

Teaches contemporary modern dance technique, develops personal expression and musicality, improves alignment, body awareness, and conditioning while performing longer and more challenging movement combinations to live music. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65387	TTH	12:40PM-02:45PM	2.00	S.Spencer	1117

DANCE 65 Jazz Dance

Covers jazz dance techniques and styles and includes warm-up, conditioning, and jazz combinations performed to music. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times for credit; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65388	F	10:20AM-12:30PM	0.75	H.Jackson-Jones	1117
Meets 15 weeks 2/19-6/4. Holiday 4/2.					

Cabrillo College *Schedule of Classes* – Spring 2010

DANCE 66 Choreography

Explores the elements of choreography to create dances of to any style, while experimenting in a supportive environment. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
66745	MW	04:30PM-06:05PM	1.00	R.Martyn	1117

DANCE 67 Dance Production

Produce, perform and/or choreograph for the Cabrillo College Dance concert. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65389	TTH	02:55PM-06:00PM	2.0	Took-Zozaya VanDessel/Jackson-Jones	1117

DANCE 69 African Dance

Learn African Dances from various regions in Africa including their social, historical and cultural significance. Repeatability: May be taken 4 times, thereafter may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65391	S	11:45AM-01:50PM	1.00	Y.Porter-Honicky	1117

DANCE 74 Creative Movement

Provides a playful and supportive atmosphere to explore imagination, creativity, self-expression, communication, and group play while discovering your movement potential through improvisation. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
66873	MW	01:00PM-02:35PM	1.00	R.DeCosse	1117

DANCE 76 Ballet I

Introduces basic techniques and principles of ballet through barre, center floor work, cross-the-floor combinations while acquainting the student with the aesthetics, history and tradition of classical ballet. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65394	S	09:30AM-11:35AM	1.00	B.England	1117
65393	MW	02:45PM-04:05PM	1.50	B.England	1117

DANCE 78 Ballet II

Intermediate level techniques and principles of ballet are presented through barre, center floor work and across-the-floor combinations while exploring in more depth the aesthetics, history and tradition of the classical ballet. Recommended Preparation: DANCE 61 and 76. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65395	MW	09:30AM-10:50AM	1.50	S.Took-Zozaya	1117

DANCE 79B Urban Dance Styles/Hip Hop II

Intermediate level hip hop and street dance styles and forms. Repeatability: May be taken 4 times; thereafter, may be audited. Recommended Preparation: DANCE 61.

Transfer Credit: CSU; UC with conditions: Students must retain a copy of the course outline, the course syllabus and work completed for this course. Credit for this course is contingent upon a review of the course outline and other materials

Section	Days	Times	Units	Instructor	Room
66696	T	03:30PM-05:30PM	0.75	Y.Porter-Honicky	Wat4330
65396	W	08:00PM-10:00PM	0.75	Y.Porter-Honicky	1117

DANCE 79S Salsa II

Studies intermediate dances of the Salsa genre including Bachata, Cha cha cha, Cumbia, Merengue, Rumba, Rueda and other Latin music forms. Repeatability: May be taken 4 times.

Transfer Credit: CSU; UC with conditions: Students must retain a copy of the course outline, the course syllabus and work completed for this course. Credit for this course is contingent upon a review of the course outline and other materials

Section	Days	Times	Units	Instructor	Room
65397	TH	03:30PM-05:35PM	1.00	A.Farhood	Wat4330
65398	TH	03:30PM-06:35PM	1.50	A.Farhood	Wat4330

DANCE 81 Swing Dance

Designed to build students' understanding of swing dance and expand their repertoire of dance skills across a wide range of traditional and popular swing dance styles. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times; thereafter may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65399	TH	07:30PM-09:35PM	1.00	H.Jackson-Jones	1117

DANCE 82 Body/Mind Balance: Movement Awareness

Introductory survey of somatic methods, using movement and dance as creative, performing, and healing arts, to increase body awareness and wellness. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65400	TTH	09:25AM-11:00AM	1.00	R.DeCosse	1117
65403	MW	11:15AM-12:50PM	0.75	R.VanDessel	1117
Meets 13 weeks 2/8-3/17 and 4/5-5/19. Holiday 2/15. Student must be enrolled in the Digital Bridge Academy. For details regarding Digital Bridge Academy, see Digital Management Career Preparation in the <i>Schedule of Classes</i> or call (831) 477-5164.					
65401	TTH	11:15AM-12:30PM	0.75	Y.Porter-Honicky	Wat4330
Meets 13 weeks 2/9-3/18 and 4/6-5/20. Students must be enrolled in the Digital Bridge Academy. For details regarding Digital Bridge Academy, see Digital Management Career Preparation in the <i>Schedule of Classes</i> or call (831) 477-5164.					

DANCE 86 Ballroom Dance

Introduces the basic skills for following and leading in selected ballroom dance styles including: Fox Trot, Waltz, Swing, Two Step, Salsa and additional popular ballroom dances. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times; thereafter, may be audited.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
65405	SU	05:00PM-07:05PM	1.00	A.Farhood	1117
65404	M	08:00PM-09:20PM	0.75	A.Farhood	1117

DANCE 87 Dances of Mexico: Baile Folklorico

Presents selected regional dances of Mexico taught for technical and cultural understanding. Repeatability: May be taken 4 times.

Transfer Credit: CSU; UC.

Section	Days	Times	Units	Instructor	Room
66874	W	06:00PM-09:05PM	1.00	J.Johns	Wat4330

**DANCE 90 Integrated Dance:
Dance for All Bodies And Abilities**

Introduces mainstream students and students with adaptive needs to techniques for dancing together, expanding body awareness, and creative expression. Repeatability: May be taken 4 times.

Transfer Credit: CSU.

Section	Days	Times	Units	Instructor	Room
65406	T	11:10AM-12:30PM	0.50	S.Took-Zozaya	1117

