Enrich Your Summer

Biggest Catalog Ever!
We’ve added more than 90 new classes

Register by June 9th for discounted fees!
### CLASSES & WORKSHOPS

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### Registration is easy!

Register by June 9th and get an early-bird discounted fee

Register online at [www.cabrillo-extension.org](http://www.cabrillo-extension.org) or phone, fax or mail your registration.
SummER ARts

Releasing the Figure in Clay—To Magical, Mythical, and Fantastic Possibilities

Work with a sense of discovery and wonder while learning to sculpt the human form in clay. The emphasis of our class will be to explore the expressive potential of gesture and pose, while learning useful sculptural skills such as armature development, basic anatomy, and both solid and hollow form construction techniques. Students will work from both live models and their imaginations. Projects include a life-sized portrait bust or small figure, studies, gestures, and figure fragments. Special focus is given to development of narrative and symbol-rich sculptural surfaces. Students may experiment with combining terra sigillata, slips, oxides, and underglazes. All skill levels will enjoy this class.

A materials list of supplies is available on our website under: Class Resources

Approximate cost of materials is $100-$150.

3 Sat. & Sun., June 14, 15 & 21, 22 & 28, 29
10 am - 2 pm
Room V3013
Register by June 9:  $295
Register after June 9:  $325
plus $45 materials & model fee

Cynthia Siegel, MFA, is an award-winning ceramic sculptor who focuses her work on the expressive possibilities of the figure, exploring how the inner workings of thought, imagination, and longing manifest externally on the figurative form. She exhibits her work internationally and currently teaches at Cabrillo and Foothill College. She was recently selected for a 2014-2015 Fulbright award to work and exhibit her sculpture in India.

Cut-Paper Stop-Motion Workshop

In this intensive workshop, participants will create their own cut-paper hinged puppets; multi-layer paper sets, and gain familiarity with the principles of animation, video editing, and working with cameras and tripods. Each participant will make a “short short” using a variety of techniques under the camera. Emphasis will be placed on creating innovative digital films using readily available consumer equipment, such as digital still cameras and laptops. The final class will culminate with a mini “film festival.”

Class size is limited to 15 so register early!

Mon. –Fri., July 28-Aug. 1
10 am - 2 pm
Room V2008
Register by June 9:  $450
Register after June 9:  $475
plus $30 materials fee

Maya Erdelyi is a NYC and LA based animator, director and artist. Her work explores imaginary worlds, memories, and the subconscious. Her award-winning animations utilize a hybrid approach to cut-paper stop-motion, puppetry, drawn and computer animation. Maya is currently working on animating African textiles and children’s dreams. You can view her work at: www.mayaerdelyi.com

Gizmos & Gadgets – Mechanical Motion for Artists

In this 2-day workshop we will explore techniques for creating desired motions in art. We’ll make and use gears, camshafts, linkages, and bearings to create specific animations and motion. Explore techniques to move between linear and rotational motion, and to create specific eccentric movements. Once you know how to make a thing move the way you want it to, adding a motor is easy!

2 Thu., June 26 & July 3
11 am - 3 pm
Room V3004
Register by June 9:  $120
Register after June 9:  $128
plus $25 materials fee

Brian Evans, BS in Mechanical Engineering, primarily works in metal sculpture and is an experienced hacker of things mechanical and electronic, bending matter, motion, and electron paths with his pure will! Brian is currently leading the open lab section of the Electronics for Artists series as well as teaching a section of mechanics.

To register call 479-6331 or visit us online at www.cabrillo-extension.org
Woodcut Printmaking: From Black and White to Color

Come and learn the simple and beautiful process of making woodblock prints. Woodblock prints are a great way of making your own cards, prayer flags, quilt design, and patches. Each student will walk away from this workshop with two editioned images of their own, one in black and white and one printed with two colors. The workshop will cover the various types of wood, tools, inks, and papers used to make a print. Carving, color mixing and printing techniques will be demonstrated and experienced first hand. We will be using hand and dremel tools for carving, a press and wooden spoon for printing. We will be printing with oil-based inks and learning non-toxic clean up.

Fri. - Sun., August 8, 9 & 10
10 am - 4 pm
Room V2005
Register by June 9: $270
Register after June 9: $285 plus $35 materials fee

Bridget Henry has been exploring woodcut printmaking over 20 years and continues to be enthralled with this alchemical process. She co-manages the printmaking studio at UC Santa Cruz and has taught relief printmaking at Cabrillo College, California Art Education Association, and Idyllwild Arts Academy. Her recent work includes an outdoor installation of nine large-scale prints on the walls of the Santa Cruz Public Library.

Box Design - The Interplay of Material and Technique

We will explore a variety of techniques for showcasing the variety of colors and textures found in the forest palette. Students will learn milling techniques, prepare complex laminations and consider how to pair and matchwoods for pleasing effect. The class also includes tips and tricks for sanding and finishing.

Class size is limited to 12 so register early! All skill levels welcome.

2 Sun., July 13 & 20
10 am – 4 pm
Room V3004
Register by June 9: $180
Register after June 9: $195
Plus $50 materials fee

Timothy Lydgate began his woodworking career in Hawai‘i in the 1970s after earning a degree in History of Art from Yale. His work has been shown in galleries, museums and private collections around the world and he is a regular exhibitor in the Santa Cruz Open Studios tour.

Fearless Painting

Develop your painting technique as the groundwork to freeing the imagination. This class is designed to inspire and jump-start the creative process. Students are encouraged to move beyond familiar territory and judgment into deeper levels of expression and experience, equipped with a full toolbox of techniques and knowledge of materials. Class time will include demonstrations of techniques and processes, presentations of other artists’ work, and lots of hands-on painting time. We will be using acrylic paints and mediums.

A materials list of suupplies is available on our website under: Class Resources
Approximate cost of materials is $100-$150.

Sat. & Sun., June 7 & 8
10 am – 4 pm
Room V2020
Fee: $180

Susan Dorf, BFA, has exhibited her work throughout California and internationally. Her artwork has been published in books, calendars and posters.

2 Cabrillo College Extension
Explorations in EL (Electroluminescent) Wire 101

Explore the various uses of EL (Electroluminescent) wire. EL wire is a thin copper wire coated in a phosphor, which glows when an alternating current is applied.

Learn how to use EL wire for art projects, from sculptural enhancements to wearable art. It is available in a wide variety of colors and can add those much-needed lighted embellishments to your work. This class will cover many uses of the material including: soldering, designing, and attachment to various surfaces, durability and choosing the proper electronic drivers and sequencers for animating your work.

Students will carry away a sample project that they start in class.

Sun., June 15
10 am - 4 pm
Room V3004

Register by June 9: $90
Register after June 9: $98
plus $35 materials fee

Todd Williams has worked with EL wire since 1999 in his own art. He has shown his work at The Exploratorium and The Academy of Sciences in San Francisco, The Coachella Music and Arts festival, Maker Faire, The Santa Cruz Art League, and has helped coordinate the CabrilloArts program since its inception in 2006.

Fun in the Sun: Cyanotypes, Van Dykes, & Lumen Prints

In this 2-day workshop students will explore the creative potential of working with hand-painted, solar-exposed Cyanotype and Van Dyke emulsions. The workshop will cover creating digital and wet lab negatives, photograms, coating emulsions, exposing, processing, and toning. Participants will also enjoy the surprises that are part of the very accessible process of Lumen printing. Lots of fun will be had playing with multiple techniques to produce inventive imagery on a variety of substrates: papers, fabric (t-shirts), & wood.

All levels of experience are welcome! Collaboration and experimentation will be encouraged. Bring your lawn chair.

2 Sat., June 7 & 14
11 am - 5 pm
Room V2028
Fee: $180
Plus $40 materials fee

Janet Fine is a mixed-media artist with 25 years experience overseeing a multitude of photographic techniques in the art photo labs of UCSC and Cabrillo College. She has also curated and juried exhibitions for PVAC and the Santa Cruz Art League, and has helped coordinate the CabrilloArts program since its inception in 2006.

Dressed for The Occasion

This course will be an exploration of women roles through mixed-media. Based on the narrative interpretation of 3 iconic garments: the apron, the corset and the crown. Students will use a variety of methods to make literal or non-literal versions of each item. Giving them a chance to make a statement about their relationship to those roles using some or all of the following techniques: collage, assemblage, sewing, needlework, painting and textile embellishment/modification. Each item can reflect the personal story or desired statement of the student, challenging or celebrating societal and personal clichés and attitudes about women.

Class size is limited to 12 so register early!

2 Sat. & Sun., June 7, 8 & 14, 15
10 am - 4 pm
Room V2008
Fee: $260
plus $30 materials fee

Bethany Mann has been teaching and playing with art supplies and fashion for 15 years. She has written for several sewing and craft publications including co-authoring a comprehensive how-to book for kids, as well as participating in the Maker Faire, as a returning guest on DIY TV’s Craft Lab, and artist for FashionArt Santa Cruz.

Summer Open Photo Lab

Come play in our fabulous photo lab! This lab provides open access to the Cabrillo College darkroom and digital lab and is designed for students to work independently on their own projects. Available to students who have taken a Cabrillo Photo class and are familiar with the facilities or with the approval of the instructor.

To request approval please e-mail Janet at: jafine@cabrillo.edu

June 4 - 20
Wednesdays: 3 - 9 pm, Thursdays: 3 - 9 pm
Fridays: 10 am - 5 pm
BONUS! Saturday, June 21: 11am - 5 pm
Room 2028
Fee: $90

Janet Fine – See bio above
Classical Figurative Realist Sculpture
Students will create a quarter life study of figure using a live model in oil-based clay. Students will learn to use an armature, oil based clay, and sculpture tools and techniques. Many of these techniques are from old masters and passed down many generations.

Class size is limited to 12 so register early!
2 Mon. – Thu., July 14–17 & July 21–24
10 am - 2 pm
Room V3004
Register by June 9: $480
Register after June 9: $495
Plus $70 materials fee

Jonathan Chorn is a graduate of the Florence Academy of Art, Florence, Italy. He has travelled and worked with famous sculptors Dylan Lewis and at the Richard MacDonald Studios. He is the Director of the Neoteric Renaissance School of Art, an art school where he teaches classical figure drawing and sculpture.

Painting the Abstract: Explorations in the Language of Abstract Painting
This workshop will introduce participants to some of the major pictorial strategies of abstract painting and serve to further develop your individual approach to abstraction. The workshop will have daily lectures and slide shows to introduce participants to the form of abstraction to be investigated that day. Participants should look at this course as an opportunity to explore a variety of approaches to abstract painting.

Mon. - Fri., June 9 - 13
11 am - 3 pm
Room V2020
Fee: $295
Plus a $50 materials fee

Tim Craighead, MFA, was the 2011 recipient of the Rydell Fellowship and has taught drawing and painting at Columbia, Stanford, UCSC, Cabrillo and Monterey Peninsula College. He has exhibited throughout the US and Mexico and has work in numerous national and international collections, public and private.

Printmaking Primer for Copper Etchings
This 2-day workshop is an introduction to the fundamentals of fine art printmaking through the copper etching process. Participants will learn how to etch their drawings into copper plates, ink and print their plates to create both black/white and color prints. Copper plates, ink, and paper will be provided.

No previous experience necessary.
Sat. & Sun., June 28 & 29
10 am - 4 pm
Room: V2008
Register by June 9: $180
Register after June 9: $195
Plus $65 materials fee

Heather Orr, has a BFA in Printmaking from San Jose State University. Her primary focus in printmaking has been in copper etching with a particular interest in multiple plate printing and monoprints. She has been working at Cabrillo in the printmaking area for 6 years.
Sculptural Form from Repurposed Objects

In this five-day workshop, you will build tabletop-sized sculptures that are crafted from an array of various objects, which will be provided by the instructor on the first day of class. Not only will this course ignite your creative fires and encourage you to experiment, but also you will learn the approaches needed to assemble and attach the objects that form your sculptures.

Class is limited to 10 students so register early!

Mon.-Fri., August 11-15
10 am - 4 pm
Room V3004
Register by June 9: $240
Register after June 9: $255
plus $20 materials fee
Diane Patracuola—See bio

Glass Assemblage Sculpture or Garden Totem

This 5-week course will take you on a journey through techniques and processes. We will be fusing and slumping art glass along with casting, mold making and methods of mounting and displaying. A series of glass objects will be made in class and then put together to achieve a cohesive piece of artwork. Learn to integrate glass and wood, glass and metal and ways to illuminate and display your work.

It is strongly recommended that participants contact instructor before the course begins so that you may show up at the first class session with many of the bugs already worked out of your creation. Please e-mail Penny at: glassfuz@pacbell.net

5 Sun., June 1 – June 29
10 am - 4 pm
Room V3004
Register by June 9: $350
Register after June 9: $365
plus $150 materials fee
Penny Waller founded Glass Fusion Studios in Aptos 25 years ago. She teaches classes at her studio along with other invited glass artists. Penny’s studio pieces have been shown in galleries throughout the US and “Glassart” pieces from Glass Fusion Studios are widely collected. Penny recently curated and was part of “Luminescence, Works in Glass” show at the PVAC gallery in Watsonville, CA.

Diane Patracuola—See bio

Designing and Constructing Steel-Based Furniture

In this 2-week course students will explore using a composing method of designing Steel-Based Furniture. Starting with a Maquette in cardboard to create templates for Steel elements, combining elements by either hot or cold joining. Other materials may be introduced to enhance design. (i.e. Wood, Concrete, etc.)

2 Mon. – Thu., June 12 & June 16 - 19
10 am – 4 pm
Room V3005
Register by June 9: $395
Register after June 9: $420
Plus $75 materials fee

Jamie Abbott is a teacher and sculptor with over 40 years experience. He recently retired from his position as Full Time instructor and Program Chair at Cabrillo College. Jamie has an MFA from The Art Institute in San Francisco and his work can be seen throughout Santa Cruz County and beyond. You can view his work at: www.jamieabbottdesign.com/

Diane Patracuola is a well known and respected artist in the Santa Cruz area. Her work is a monument to wild and curious compilations of materials and techniques. She is an accomplished metal-worker, painter and sculptor. Always willing to help students to realize and fabricate their designs.

NEW!

SUMMER ARTS

To register call 479-6331 or visit us online at www.cabrillo-extension.org
Sculptural Needle Felting
You may know that felt is a non-woven textile made of wool, but have you considered its sculptural possibilities? Using simple tools you can manipulate wool to create three-dimensional, freestanding, solid felt sculpture. This class will teach you an innovative use of a humble and inexpensive material that is bound to energize your art making. This two-weekend workshop is a thorough introduction to the tools, processes, and possibilities of needle felting.

Register Early! Class limited to 12 students.
2 Sat. & Sun., July 19, 20 & July 26, 27
10 am - 4 pm
Room V3001
Register by June 9: $280
Register after June 9: $295
Plus $30 materials fee

Stephanie Metz, BFA, is an artist whose innovative work in felted wool has garnered international attention. Her work focusing on the relationship between humans and the natural world fuses sharp wit, thoughtful observation, and flawless craftsmanship to blur the line between art and science, natural and unnatural, organic and man-made. Stephanie has taught workshops at Penland, Arrowmont, Kala Art Institute, CCA, USF and Cabrillo College.

Stained Glass Art Workshops
Come play with color and light! Explore the medium of stained glass without investing in tools or supplies - no experience required! Glass is fun and challenging to work with. The possibilities are endless with just a few skills under your belt. In this hands-on class you will create several small projects with a variety of colored glass. Projects will be simple and allow for success and skill building with each successive piece. Instructor provides patterns, bevels, colored glass, solder tools and patinas. You will learn to cut glass safely, grind to fit your pattern, wrap with copper foil, solder and patina.

For the first two projects, you will select from provided patterns, with plenty of time to then design your own projects.

Class is limited to 12 students so register early!
Wed., Thu., Fri., June 18-20 OR July 23-25
5:30 – 8:30 pm
Room: Horticulture 5110
Register by June 9: $135
Register after June 9: $150
plus $45 materials fee payable to the instructor in class

Jackie Marr, BA, has been a stained glass artist for over 20 years and is owner of Kiss My Glass. She enjoys teaching stained glass techniques and glass bead making and can make it fun and easy.

Moku Hanga: Japanese Waterbase Woodcut
This is an intensive weekend workshop that will teach the basics of this traditional waterbase technique. Japanese woodblock differs from western woodblock in that it is waterbased and non-toxic, it is printed with a hand-held baren, and it is printed on handmade Japanese kozo fiber paper. This class will cover carving, printing and registration. We will plan and cut blocks, then print an edition of multi-colored prints on Japanese paper. Printmaking experience is helpful but not required.

The $25 materials fee includes basic cutting tools, blocks and Japanese paper.

Sat & Sun., Aug. 16 & 17
10 am – 4:00 pm
Room V2008
Register by June 9: $185
Register after June 9: $200
Plus $25 materials fee payable to instructor at class

April Vollmer is a New York artist with an MFA from Hunter College who has specialized in mokuhanga since 1998. She has exhibited widely and is on the Board of the International Mokuhanga Conference. For more information about the artist and the technique visit her website at www.aprilvollmer.com.
Hand-Dyed and Discharge Printed Silk Yardage

Workshop participants will learn how to dye a base color on silk yardage, in preparation for discharge photo-screen printing, using a hot water exhaust acid dye process. Photo-screen print stencils, using pre-existing images made with Photoshop or by photocopy, and formatted as a transparency, are used to print discharge paste on 1-2 yard lengths of stretched silk charmeuse, broadcloth, or chiffon. Repeat and organic print patterns will be explored as well printing to a garment pattern or for a large scarf.

Register Early! Class limited to 14 students.

Mon. – Fri., June 23 - 27
1 pm – 5:30 pm
Room V2008
Register by June 9: $275
Register after June 9: $295
Plus $75 materials fee
Tobin Keller

Lost Wax/Pate-de-Verre

In this class we will create a lost wax casting for glass which will involve making a mold around a wax model and then removing the wax to create a cavity which will then be filled with glass and fired. This allows for greater details and undercuts in the casting process. We will also learn the process of Pate-de-verre, which involves making a paste of glass that is applied to the surface of a mold then fired. The process allows for precise placement of glass colors.

Class is limited to 12 students so register early!

2 Mon.-Wed., June 23-25 & June 30-July 2
2 – 6 pm
Room V3005
Register by June 9: $360
Register after June 9: $385
plus $50 materials fee
Sarah Hirneisen

Hand-Printed Photo-Screen Stencils on Silk Yardage

This session can be used as a continuation of Tobin’s first workshop – Hand-dyed and Discharge Printed Silk. But it is successful as a stand-alone workshop as well!

Exploring the process of resourcing imagery we will make unique photo-screen printed silk yardage. Each participant works with 1-2 yards of a chosen silk; charmeuse, broadcloth, or chiffon, with the option of printing to a garment pattern or an oversized scarf. The process of coating, exposing, and developing a screen, with individual imagery, is explored to create photo-based stencils for printing as a repeat or organic over-all print using dye-based inks.

Register Early! Class limited to 14 students.

Mon. – Fri., July 7 - 11
1 – 5:30 pm
Room V2008
Register by June 9: $275
Register after June 9: $295
Plus $75 materials fee
Tobin Keller –See bio
Wood Carving

In this 4-day workshop, beginning students will learn the fundamentals of wood carving, and intermediate students will be guided in additional carving techniques and styles. After the introductory instruction, students will choose traditional hand tools, rotary carving tools, or a combination of the two to work on decorative or functional projects of their choosing or from supplied examples and carving templates.

Woods and other carving materials will be supplied.

Class is limited to 10 students so register early!

Mon.-Thu., July 7-10
10 am - 4 pm
Room V3001

Register by June 9: $280
Register after June 9: $295
plus $40 materials fee

Ron Cook has been a woodworker and woodcarver for over 40 years. His work has been shown in galleries, juried craft shows and arts festivals across the United States. Ron is a master member of the Baulines Craft Guild, a member of the Guild of American Luthiers, and a charter member of the Santa Cruz Woodworkers. His pieces have appeared in several books, woodworking, and craft magazines. He has been a Open Studios artist for over a decade.

The Art of Bookmaking

This class will serve as an introduction to the various tools and processes of book making. In this course we will learn various techniques such as the pamphlet stitch, the magic book structure, Japanese stab binding, the accordion structure, and the kettle stitch. Consideration for content and narrative will be discussed.

Fri. - Sun., July 18 - 20
10 am - 4 pm
Room V2008

Register by June 9: $270
Register after June 9: $285
plus $60 materials fee

Melody Overstreet, BA, is an Artist, Educator, and Maker of Sorts. She currently teaches Book Arts and Printmaking at Georgiana Bruce Kirby Preparatory School. Her ongoing work as an artist is inspired by the interconnection between human beings and the land. She explores these ideas through the production of various hand-made items including self-published stories, prints, and soap.

Soap Making: An Intro to the Traditional Cold Process Method

This class will be a combination of lecture/discussion-format and hands-on experience. We will discuss the traditional cold-process method of soap making. Together we will engage in the process of hand-making soap in small batches using select oils and plant infusions. This class will equip students with the skills to reproduce this process at home themselves!

Mon. & Wed., July 7 & 9
10 am - 4 pm (Monday)
4 – 8 pm (Wednesday)
Room V3004

Register by June 9: $150
Register after June 9: $165
plus $25 materials fee

Melody Overstreet–See bio
Large-Scale Mixed Media Figure Drawing

Explore mixed media drawing in this four-day figure-drawing intensive. Using large-format paper and variety of materials, we will work from direct observation of the model. The seduction and challenge of mixed media are the rich surfaces and surprising results that develop. You can expect some instruction in drawing and composing with the figure, and directives for material approaches that open new expressive possibilities. Thursday’s class will include time for review and discussion of completed work.

The studio will be open 9-10am (Tue.–Thu.) and 3-4pm (Mon.-Wed.) for open lab work.

Mon. - Thu., August 4 - 7
10 am - 3 pm (with open lab hours)
Room V2020

Register by June 9: $295
Register after June 9: $320
plus $70 materials & model fee

A materials list of supplies is available on our website under: Class Resources

Claire Thorson teaches figure drawing and painting at Monterey Peninsula College and Cabrillo College. She is a native of California, loves the coast, and has a studio in Elkhorn. Her drawings and paintings travel the territory from figuration to abstraction.

Figure Painting Intensive

In this 4-day intensive workshop, students will have the opportunity to paint from direct observation of the model and to develop a sustained relationship to painting the figure. Compositional strategies, color concepts, and some useful painting practices will be presented. Experience with drawing and/or figure drawing is recommended. We will have a model all four days. The final class session will include time for review and discussion of completed work.

The studio will be open 9-10am (Tue.–Thu.) and 3-4pm (Mon.-Wed.) for open lab work.

Mon. - Thu., August 11 - 14
10 am - 3 pm
Room V2020

Register by June 9: $295
Register after June 9: $320
plus $30 materials & model fee

The Art of Hand-Made Teapots

During this course students will explore the conceptual and technical aspects of the teapot-making process. Various elements will be considered and explored: body, lid, handle and spout; all have to fit together into a unified whole. For centuries, teapots have been produced in different ways and forms and served the purpose of tea making. However, in this class we are going to focus on artful teapots and their meaning. By using hand-building techniques and different surface treatments students will be able to create sculptural, functional or nonfunctional teapots.

2 Mon., Wed., Fri., Sat., August 11, 13, 15, 16 & 18, 20, 22, 23
10 am - 1 pm
Room V3013

Register by June 9: $360
Register after June 9: $385
plus $20 materials fee

Summer Arts

Claire Thorson teaches figure drawing and painting at Monterey Peninsula College and Cabrillo College. She is a native of California, loves the coast, and has a studio in Elkhorn. Her drawings and paintings travel the territory from figuration to abstraction.

NEW!

NEW!

NEW!

Julia Feld, MFA, is an artist who has developed a highly personal style that incorporates narrative painting and ceramic sculpture in one work of art. Her work has been shown internationally and nationally at different shows and galleries. Currently she is a ceramic instructor at De Anza Community College.

To register call 479-6331 or visit us online at www.cabrillo-extension.org

9
Image with Impact: Making a Large Fine Photographic Print

In this one-day course, through lectures and hands-on demonstrations, you will prepare and print a large-scale digital inkjet photographic image on one of the finest inkjet papers on the market. Instructor will also share other paper samples of fine inkjet papers for your future possible use. Learn to perform basic image adjustments and photo-preparation of an image for large printing. Then you will print one of your own favorite photographic images and leave the course with a larger-scale color digital pigment print on 13x19 paper printed on our large-format Epson printers. This course is for anyone who has wanted to take a color photographic image from start to finish and realized in a large beautiful print.

Students should bring: an unedited, digital photographic image on your USB thumb drive, camera card (+ card reader or camera cable), or Mac formatted portable hard drive. Don’t forget a notebook & pen as well as lunch/snacks to enjoy outside while on break.

Sun., June 8
10 am - 3 pm
Room V2021
Fee: $95
plus $20 materials fee

Lesley Louden is a fine art photographer and educator. She has taught Adobe Photoshop and Documentary studies at the college level for ten years at Cabrillo, Foothill College, and West Valley College.

Travel Sketching - Capturing Intimate Memories

Whether you are bound for exotic places or travel to your backyard...or out and about in town, you will learn how to do quick, spontaneous ink sketches, using a PILOT PARALLEL chisel edged pen. Along with a water brush, learn how to “pull out” various values from the pen’s water-soluble ink. Lots of demo’s...and lots of fun! Discover your own creative expression in this day long workshop.

No experience necessary. We welcome all skill levels.

A materials list of supplies is available on our website under: Class Resources

Sat., July 12
10 am - 4 pm
Room: Horticulture 5010
Register by June 9: $82
Register after June 9: $90

Carolyn Fitz has been sharing her passion for calligraphy and ink painting for over 25 years. She has traveled to Japan and China on art study tours and has been “Artist in Residence” at Yosemite National Park for the last 12 years.

Sumi-e Workshop – Japanese Black Ink Brush Painting

Enjoy a day of learning the many techniques of the revered Asian art of Sumi-e. Subjects covered will be “the four honorable gentlemen” (four seasons; bamboo/summer, chrysanthemum/autumn, plum blossom/winter and orchid/spring.) We’ll also cover landscape techniques, “zen-ful” expressions, some insects, etc., as time allows.

Beginners welcome! No experience is necessary to experience this fun day of art! Bring a lunch and beverage.

No experience necessary. We welcome all skill levels.

A materials list of supplies is available on our website under: Class Resources

Sat., Aug. 9
10 am - 5 pm
Room: Horticulture 5010
Register by June 9: $98
Register after June 9: $114
plus $10 materials fee at class

Carolyn Fitz – See bio
Forging and Toolmaking
Experience the exciting craft of steel forging and toolmaking through demonstration and hands-on exercises in this weekend workshop. After instruction on the properties and characteristics of different metals, students work a forge and learn how to manipulate hot steel. Demonstrations of various hammer types and the applications of different anvil designs are given. Building and operation of both gas and coke-fired forges are discussed. Students are encouraged to develop their own direction and interests in forging and toolmaking as an art form.
Sat. & Sun., June 14 & 15
9 am – 5:30 pm
Location: Santa Cruz Studio
Register by June 9: $395
Register after June 9: $425
Plus $20 materials fee at class

These classes are limited to 4 students—enroll early! Class will be held at the instructor’s forging studio. You will receive a map upon registration and you will be asked to sign a liability waiver before class begins.

Forging and Toolmaking - Intermediate
This intermediate-level workshop builds on the introductory class by emphasizing more advanced stages of manipulating metal for art forms and tools, rather than fire making. Participants should have previous experience creating a coal forge fire and manipulating hot steel with hammer and anvil. In addition to hand-forming exercises, students will be offered the opportunity to use a power hammer after various techniques are demonstrated. Students will also discuss aesthetic possibilities and design elements such as texture, form and how to achieve various shapes.
Prerequisite: Students must have taken Vern’s “Introduction to Forging & Toolmaking” class or can demonstrate the same knowledge.
Sat. & Sun., June 14 & 15
9 am – 5:30 pm
Location: Santa Cruz Studio
Register by June 9: $395
Register after June 9: $425
plus $20 materials fee at class

Vern Caron, M.A. has taught forging and toolmaking through Cabrillo College and UC Extension for more than 20 years.

Pearl and Bead Stringing Made Simple
Learn the lost art of hand knotting using the three methods for stringing your pearls and beads. Using basic design theory, recycle and combine to redesign beautiful new bead creations or repair broken strands.
A starter stringing kit will be provided for practicing techniques. Materials for additional projects can be purchased in class or brought from home.
4 Tues., May 6 - 27
7 – 9 pm
Room: Horticulture 5001
Fee: $72
plus $28 materials fee at class
Estelle Drinkhaus-Davey – See bio

Pearl and Bead Re-Stringing Project Workshop
This is a workshop is designed to complete one stringing project of your choice. It can be a project from home you need help with, or choose from the pearls and beads available for sale during the workshop. All methods of stringing will be reviewed as needed.
Bring: Your project, all tools & findings from class (incl. work mat).
Bring your lunch, beverages will be provided.
Sat., June 21
10 am – 3 pm
Room: 403
Register by June 9: $42
Register after June 9: $48
Estelle Drinkhaus-Davey teaches the lost art of hand knotting and has provided a restringing service to many local jewelers for over 20 years.
Digital Photography – Basics and Beyond
Got a new digital camera? Confused by complicated menus? This class will familiarize you with the most important features of your camera so you'll get better photos. Besides learning to control your camera, you'll learn how to avoid bad lighting situations and recognize when the lighting is right for general people photos, formal portraits, architecture, small objects (eBay) and landscapes. It doesn't take a rocket scientist to get good photos! If you've got a moderately priced camera and a desire to learn, your photos will be forever changed after this class. And, the class is fun!

Bring your camera, your manual, and your questions.

There is a $15 materials fee payable to the instructor at class for a CD of the entire lecture with graphics and additional supporting documents.

Sat., June 14
1 – 5 pm
Room: 509
Register by June 9: $65
Register after June 9: $76
plus $15 materials fee
Jeffery Luhn – See bio

Digital Photography Level 2
It's time to step up to the next level with some hands-on shooting exercises. This class begins with an hour of lecture/demonstration and then leads students through a series of interactive shooting assignments including portraits, macro, and small object photography. Ideal for artists interested in photographing their work.

All locations are within walking distance from the classroom. Each assignment is designed to give students the most useful techniques for the most common shooting situations. It's a fun way to learn how to get the most from your camera.

Materials fee of $15, payable to the instructor in class, covers a CD with the entire presentation including detailed lessons and examples.

Bring your camera, instruction manual and comfortable walking shoes. Artists: Bring one item to photograph.

Sat., June 21
1 – 5 pm
Room: V2022
Register by June 9: $65
Register after June 9: $76
plus $15 materials fee
Jeffery Luhn – See bio

Great Shots From Cell Phone Cameras!
Come join Jeffery Luhn, a professional photographer for 40 years, as he shares his excitement and knowledge about cell phone cameras with you. Learn about the limitations, work-around, unconventional uses, filters, editing, latest apps, and advantages over full size cameras. But most of all learn to have fun with one of the most innovative and accessible technology toys of the modern age! Bring your cell phone and wear comfortable walking shoes.

Sat., May 10 OR August 23
1 - 4 pm
Room 509
Fee: $54
plus $15 materials fee at class
Jeffery Luhn – See bio

Getting Great Portraits
Learn the fundamentals of portrait photography with a hands-on approach to the classic lighting patterns and styles developed by photographers from 1860 through modern day Hollywood. Techniques include the use of artificial and natural lighting. Find out how to make the most of your subject, adapt to challenging shooting conditions inside and outdoors, and pose your subject for maximum effect. This class is for anyone with the desire to take their photography to the next level; hobbyists, photo enthusiasts and people that use photography in their jobs. The techniques are applicable to digital cameras, cell phones, film and video. Bring your camera and manual.

A materials fee of $15 is payable to the instructor at class for a CD with the entire lecture, notes and presentation, assignments, examples and printable lesson material.

Sat., June 28
1 - 5 pm
Room 509
Register by June 9: $65
Register after June 9: $76
plus $15 materials fee at class
Jeffery Luhn is a full time working photographer who began his career at a small town newspaper, worked up to United Press International, eventually owning and operating studios in Hong Kong, New York, and San Francisco. He graduated from Brooks Institute of Photography and has a California College Lifetime Teaching Credential in Art and Photography.
PHOTOGRAFHY

Night Photography: An Introduction

In this class, students will learn the basic technical skills and aesthetics of digital night photography and how to apply them to create dramatic images taken after dark. We will begin with a brief overview of the history of Night Photography and exciting examples of contemporary nocturnal images. Next, there will be a presentation on equipment, camera settings, and techniques for urban Night Photography in artificial light conditions. The last hour of the first session will be spent getting accustomed to making images at night with a brief field session on campus. The second session will meet on location (TBD) for an extended night shoot supervised by the instructor. Each student will have one-on-one time with the instructor in the field. The third and final session will meet on campus to review and discuss the images from the night shoot.

Register Early! Class is limited to 12 students.

Fri. – Sun., May 30 – June 1
6:30 – 10:30 pm (2nd session meets 8 pm – Midnight)
Room: 1522  (First & third classes)
Fee: $165
Optional $25 for textbook “Night Photography: Finding Your Way In The Dark”
Lance Keimig – See bio

Night Photography with Natural Light

Having taken Introduction to Night Photography, or having equivalent experience, students in this class will venture into darker areas away from the streetlights to photograph the landscape by the light of the moon, the starry night sky (weather permitting- we can photograph in the fog too) and to begin to use light painting techniques for added emphasis.

The first session will meet on campus for a brief tech talk, and then regroup on location (TBD) for a night shoot supervised by the instructor. Each student will have one on one time with the instructor in the field. The second session provides an opportunity to improve upon efforts from the previous night. The class will meet on campus for an image review of the first night’s work, and then photograph in a different location after a dinner break. During the third and final session, the class will meet on campus to see a demonstration on post processing of nighttime images, and a critique of the second night’s work.

Prerequisite: Intro to Night Photography or be comfortable with manually shooting RAW files, understand the exposure triad of Aperture, Shutter, and ISO, and depth of field. Must understand how to read a histogram, and have at least minimal experience shooting on a tripod at night.

Register Early! Class is limited to 12 students.

Fri. – Sun., June 6 - 8
Fri. & Sat.: 4:30-6:30 pm (Room: 1606)
8 pm – Midnight (On location)
Sun.: 2:30-5:30 pm (Room: 1606)
Fee: $195
Optional $25 for textbook “Night Photography: Finding Your Way In The Dark”
Lance Keimig has been photographing at night for 30 years, and has taught Night photography workshops and classes for the last 15. His book, Night Photography, Finding Your Way In The Dark has been translated into 6 languages, and a second edition will be published at the end of 2014.
PHOTOGRAPHY

Getting Great Portraits - Level 2
This class teaches you to produce professional level portraits using the same techniques the pros use in the studio and on location. Students will learn how to acquire and use reasonably priced lighting equipment to build a temporary home studio and a location shooting kit. Various lighting styles and shooting situations will be demonstrated. Not much lecture, lots of shooting. If you want to take pictures for weddings, families, newspapers or books, this class is essential.

A materials fee of $15 is payable to the instructor at class for a CD with the entire lecture, notes and presentation, assignments, examples and printable lesson material.

Sat., July 19
1 - 5 pm
Room 509
Register by June 9: $65
Register after June 9: $76
plus $15 materials fee at class
Jeffery Luhn – See bio

Digital Photography - Outdoor Portraiture
This class is fun! We meet at a park in Santa Cruz with some great lighting and locations. After a 50-minute walk through the locations and an overview of the 5 techniques, we begin setting up and taking photos. The instructor and his assistant will circulate to help each student succeed. Who are the models? Each student may bring up to 4 friends or family members! (They are not invited to the lecture demonstration. Just have them relax somewhere else or arrive later.)

Each student will produce a collection of remarkable natural light portrait images and use that knowledge for future sessions. Students will be e-mailed examples of the setups and the location details. In the event of rain, the class will be moved to the Cabrillo Campus.

A materials fee of $15 is payable to the instructor at class for a CD with the entire lecture, notes and presentation, assignments, examples and printable lesson material.

Sat., Aug. 2
2 - 6 pm
Location: A Santa Cruz Park - TBD
Register by June 9: $65
Register after June 9: $76
plus $15 materials fee at class
Jeffery Luhn – See bio

Digital Photography - Making Photos for Business
The world is speaking in pictures now. Beamed to us from satellites, over our cell phones, and very soon through our glasses. We don’t have time to read lengthy articles, or even long captions. The images come fast, and if we don’t understand them, there’s a better one right behind it.

If you know how to speak in pictures, you’ll be part of the conversation. If you make great images, you’ll be noticed.

Learn to make dramatic photos that tell your story the way you want people to understand it. It’s not rocket science. In fact, it’s fun. By Monday you’ll be using phrases like “Core Messaging”, “Point-of-View”, and “Forced Perspective.” Or you may not be saying anything at all. You won’t have to.

$15 materials fee is payable to the instructor at class. Includes a CD of the class PowerPoint, self-guided assignments, and additional content.

Sat., August 9
1 - 5 pm
Room 509
Register by June 9: $65
Register after June 9: $76
plus $15 materials fee at class
Jeff Luhn – See bio

Photoshop for the Hobby Photographer
You can create the best photos ever digitally, whether you use a digital camera, or scan your photos. Photoshop is a huge application and this is your chance to get acquainted with some of the basic Photoshop tools and techniques most useful for hobby photographers. Find out how to repair damaged photographs, correct color, remove unwanted elements, and transform your photographs into sepia tones or hand-tinted looks, and more.

Much of what will be learned will be useful for Photoshop Elements as well. This class will be taught on a Mac, but is adaptable to Windows.

Students should bring a brown bag lunch for the break.

2 Sat., June 14 & 21
9:30 am - 2:30 pm
Room: 317
Register by June 9: $85
Register after June 9: $98
Deborah Cardillo is a member of the National Association of Photoshop Professionals and is a Photoshop enthusiast who loves to teach others.

NEW!

NEW!
Fall Preview

Idea•ography – The New Visual Vocabulary

Saturday, September 13

Matthew Luhn, Director of Story Development and Senior Animator at Pixar/Disney Studios joins Photographer Jeffery Jay Luhn to present and discuss how visual symbols are used to communicate concepts. Their unique approach will inspire all visual artists to construct dramatic, emotional and humorous images in new ways.

Share the experiences and methods of international photographer Jeffery Jay Luhn and artist Matthew Luhn, whose work on 12 Pixar Films have been seen by nearly a billion people, as they discuss how to speak the new world language of pictures.

For more information visit us online: cabrillo.edu/services/extension/photo.html

Visioneering - Converting Concept Into Art

Take a journey through the process of creating extraordinary images using photography and Photoshop. Go beyond ‘fixing a photograph’ and realize your vision by harnessing modern digital cameras and the power of the digital darkroom.

At the conclusion of this class students will be able to: Superimpose subjects onto scenes and backgrounds, retouch blemishes, create the illusion of movement, swap heads in group photos to achieve the best combinations of facial expressions, eliminate distracting elements, capture visual assets such as sunsets, clouds and foreground elements for compositing final images.

For more info about the class visit the Extension website.

Prerequisite: Photoshop for the Hobby Photography (see opposite page) or the ability to open Photoshop, import images, and use the basic tools.

$15 materials fee is payable to the instructor at class. Includes a CD of the class PowerPoint, self-guided assignments, and additional content.

5 Tue., July 29 – Aug. 26
7 - 9 pm
Room: 317

Register by June 9: $145
Register after June 9: $158

Jeff Luhn – See bio

Instructor Spotlight

Jeffery Luhn began his career as a small town newspaper photojournalist and wedding photographer at age 17. He went on to earn a B. A. degree from the Brooks Institute of Photography and received numerous awards from Professional Photographers of America.

Teaching photography has always been an important component of Jeffery’s career. He began at Chabot College in 1980 and has taught at California College of the Arts, University of California Extension and numerous workshops for Nikon and other manufacturers.

Jeffery teaches classes and workshops covering portraiture, photojournalism, travel photography and studio lighting. His newest offering is ‘Visioneering’, an integrated approach to portfolio images through carefully planned shooting and Photoshop post-production. This fall will see the first “Idea•ography” course; an innovative approach to using pictures instead of language to communicate with an international audience.
Discover Art Camps

An Artist a Day Keeps the Summer Blues Away!

Come join us in the Cabrillo Visual and Performing Arts Center studio space for an amazing week of hands-on creativity. Each camp offers five half-day activities with a different professional artist and their medium. Explore two- and three-dimensional art forms, experiment with paint, collage, clay, wood and metal. Use new tools, learn new skills, and discover your new-favorite art form!

Session 1  Monday - Friday, July 28 - August 1

Middle School (ages 11 – 13)
10 am – 1 pm
Room: V3013
Register by June 9: $250
Register after June 9: $265
plus a $50 materials fee

High School – (ages 14 – 18)
2 pm – 5 pm
Room: V3013
Register by June 9: $250
Register after June 9: $265
plus a $50 materials fee

Screen Printing with Tobin Keller
Collage with Sarah Hirensen
Jewelry with Aron Beckley
Ceramics with Jeff Nicastro
Abstract Painting with Jeff Hemming

Session 2  Monday - Friday, August 4-8

Woodworking with Dave Brodkey
Blacksmithing with Jaime Abbott
Hacking-Toys (ala Sid from Toy Story) with Brian Evans
3D Assemblage with Diane Patracoula
Camera-less Photos w/ Sunlight with Janet Fine

Middle School (ages 11 – 13)
10 am – 1 pm
Room: V3004
Register by June 9: $250
Register after June 9: $265
plus a $50 materials fee

High School – (ages 14 – 18)
2 pm – 5 pm
Room: V3004
Register by June 9: $250
Register after June 9: $265
plus a $50 materials fee
Stained Glass Art Camp  
(ages 14 – 17)  
Come play with color and light! Explore the medium of stained glass without investing in tools or supplies - no experience required! Glass is fun and challenging to work with. The possibilities are endless with just a few skills under your belt. In this hands-on class you will create several small projects with a variety of colored glass. Projects will be simple and allow for success and skill building with each successive piece. Instructor provides patterns, bevels, colored glass, solder tools and patinas. You will learn to cut glass safely, grind to fit your pattern, wrap with copper foil, solder and patina.  
For the first two projects you will select from provided patterns, then design your own project if you like. The complexity of your subsequent choices determine how many projects you complete

Wed. – Fri., June 18 – 20 OR July 23 - 25  
9:30 am - 12:30 pm  
Room: Hort 5110  
Register by June 9: $135  
Register after June 9: $150 plus a $45 materials fee  
Jackie Marr, BA, has been a stained glass artist for over 20 years and is owner of Kiss My Glass. She enjoys teaching stained glass techniques and glass bead making and can make it fun and easy.

Altered Books and the Art of Finding a Poem Anywhere  
(ages 13 – 16)  
Has anyone ever told you “Don’t write in this book”? In this class not only can you write in it but you can scribble all over it, paint it, rip it, glue the pages together and more! In this week long workshop you will be inspired to create as you deconstruct an old book, altering everything from the pages to the form, all while you are challenged to find, and highlight, a poem buried in the original words. By the end of the workshop you will have a beautiful, unique illustrated poem and enough ideas to never look at a box of free books in the same way again!

Mon-Fri, June 16 - 20  
1:30 - 3:30 pm  
Room: Hort 5005  
Register by June 9: $135  
Register after June 9: $142 plus a $15 materials fee  
Jan McGeorge – See bio

Book Making Workshop  
(ages 14 – 17)  
Books are pieces of art that can tell a story! In this workshop we will make three different styles of books: accordion, rubber band and tunnel. Each of these books are deceptively simple to construct but lend themselves to endless variation. We will make our own textured papers using paints, stencils, simple block printing techniques and more to create unique pages. Create your own journals, short illustrated stories, books of poems or small photo albums. Create books as art and invite the viewer to “see” your stories!

Mon.– Fri., June 23 – July 3 (No class July 4)  
9 am – 12 Noon  
Room: Hort 5110  
Register by June 9: $180  
Register after June 9: $195 plus a $15 materials fee  
Jan McGeorge – See bio

Make Your Own Book from Start to Finish  
(ages 10 – 12)  
In this weeklong class students will design and make an Eric Carle style illustrated book of their own using either a poem or fable, song lyrics or their own writing as the text. We will study the painted paper collages of Eric Carle and using his techniques make our own painted, textured, colorful papers to collage the cover and pages of our book. Students will be able to take home a completed colorful book of their own making!

Mon-Fri, July 7 - 11  
9:30 - 11:30 am  
Room: Hort 5110  
Register by June 9: $120  
Register after June 9: $130 plus a $15 materials fee  
Jan McGeorge is a local artist that has been sharing her love of art with young people in Santa Cruz County private and public schools for over 20 years. She is currently the Art Specialist at Mountain Elementary School in Soquel. Jan is a lifelong traveler that uses art to travel when she can’t afford a plane ticket!
En Plein Air Pastel  
*(ages 13-16)*

This two-day intensive program will introduce students to landscape painting as well as the use of heavily layered pastels. They will learn how to extract from a very complex web of visual detail, what defines the bones of a particular landscape. From that starting point we will explore ways to render on paper everything from water to foliage to temperature. Plein air painting is not only a very good visual exercise for any artist but can become a lifelong practice of appreciation for the world we live in.

**Sat. & Sun., July 12 & 13**

10 am – 4 pm

Room: Hort 5110

**Register by June 9:** $180

**Register after June 9:** $195  
plus a $25 materials fee

Jan McGeorge is a local artist that has been sharing her love of art with young people in Santa Cruz County private and public schools for over 20 years. She is currently the Art Specialist at Mountain Elementary School in Soquel. Jan is a lifelong traveler that uses art to travel when she can’t afford a plane ticket!

Artist Inventor Camp *(ages 12-14)*

Ever wanted to be an inventor? Or to combine science and art into your own creation? Now is your chance! Tinkering, touching and inventing are what this week of science exploration is all about. We will build our own Rube Goldberg contraptions out of everyday materials, design and test rockets, sew flashing creations with circuit thread and make our own motorized art machines! You will get to keep all the creations you make over the week. Get ready for a hands-on camp full of science, art and fun!

**Mon. – Fri., July 14 - 18**

1 - 4 pm

Room: Hort 5110

**Register by June 9:** $140

**Register after June 9:** $150  
plus a $25 materials fee

Lauren Bryant – see bio

Silk Painting Workshops *(ages 12-15)*

Imagine the joy of bringing home a colorful, unique, silk painting masterpiece! Students will learn the techniques to create stunning images. We will stretch the silk, apply the "resist" then paint the silk with brilliant, luminous colors and patterns. Exert your imagination or come with a picture to inspire you.

**Sat., July 19**  
OR  
**August 9**

10 am - 3 pm

Room: Hort 5110

**Register by June 9:** $68

**Register after June 9:** $75  
plus a $15 materials fee

Terry Grove is an artist who uses many formats including silk painting, pique assiette and drawing to express her creativity. She is an experienced teacher and has taught her craft to people from age 3 to 73 in both large and small group classes. Terry is a speech therapist and teacher of the deaf and hard of hearing for the Early Start Program.

Make Your Own Fairytale! *(ages 8-11)*

Dragons, Princesses, Mischievous Foxes, oh my! In this class, we will study the basics of great storytelling in fantasy and folklore and generate ideas for our own stories. Students will use their creative skills to write fantastic tales, make their own puppets using the characters from our stories. Students will team up with classmates to produce their stories in a class puppet show!

**Thu. & Fri., July 10 & 11**

9 am – 12 pm

Room: Hort 5010

**Register by June 9:** $65

**Register after June 9:** $72  
plus a $5 materials fee

Lauren Bryant has worked with children for five years, teaching at nature camps, in museums and in a classroom setting. Six months ago, she left the children’s museum in Baltimore to help start the Santa Cruz Children’s Museum of Discovery, her current position and passion.
**SUMMER ART FOR KIDS**

**Ingenious Engineering: LEGO Computer Robotics**
*(5th - 12th grades)*

Explore the world of mechanical and computer engineering! You and your partner will build and customize at least two different machines. Would you like to build a manufacturing system, hopping robot, elevator, racecar, gondola, haunted hall, tilt-a-whirl, or intelligent house? These special LEGO dacta® sets include motors, lamps, sound, and four different sensors. Hook up your LEGO creation to the interface board and learn to write text based programs in the Logo language to control its movement. You can even make digital music or memos! You and your partner choose what machines to build, how you want it to work and decide which sensors will control it automatically! Projects will be demonstrated for parents, friends, and siblings during class as completed.

Mon. – Thu., June 16-19
9:30 am -12:30 pm
Room: 403

Register by June 9: $124
Register after June 9: $138

**Ingenious Engineering: Advanced LEGO Computer Robotics**
*(5th - 12th grades)*

Continue the LEGO engineering challenge; bring your LEGO building and Logo programming skills to the next level! In this class, you will build a more complex machine that requires thoughtful sequential programming and uses multiple motors or sensors. Choose from projects like the robot arm brick sorter, vending machine, chicken or insect-like walkers, or joystick steered dozer. Decide how you want your machine to operate, then write in conditional commands in the procedures so your machine gets the job done automatically! You’ll have time to use your own ideas and really customize your complex machine. There will be demonstrations and photo opportunities during the last class day.

Mon. – Thu., June 16-19
1:30 - 4:30 pm
Room: 403

Register by June 9: $124
Register after June 9: $138

**Be the Babysitter Everyone Calls** *(ages 11 – 16)*

Parents, do you want to allow your teen to babysit or stay home alone?

Teens are saying “I want to start babysitting and earn my own money.” “I want to show my parents I can stay home alone.”

YOU feel ready for it. But are your parents? They need to be sure you have what it takes to babysit or take care of yourself when they’re not around. Show them you’ve got it! In this class, you will learn skills that will make you feel good about what you know—and make your parents feel confident that you can handle the responsibility. Have fun meeting other kids. Learn choking rescue and CPR using manikins. Earn a completion card that shows you learned what to do and how to do it! Most of all, it stays with you for life!

We are offering 3 sessions of this workshop on the following dates:

**Certified Cabrillo College Public Safety Instructor**

**Teen CERT (Community Emergency Response Team) Academy** *(ages 13-20)*

Are you ready to... learn about the hazards in your area? Help others in the event of a disaster? Be a leader in your school?

Teen CERT members answer, “Yes!” and here is why: Teen CERT training teaches you readiness and response skills. Hands-on practice and realistic exercises prepare you for the unexpected in your community. Newly learned leadership skills empower you to safely respond to an emergency and assist victims without endangering yourself or others. You’ll be equipped with skills that last a lifetime.

3 Tue. & Thu., July 8 - 24
6 - 9 pm
Room: 1522

Fee: $100

**Mike De Mars** has been a firefighter since 1988 and is currently a Fire Inspector Central Fire Protection District and a certified CERT Instructor.
Explore Computer Building

Students will take apart and build back up a computer system from beginning to end, learning all major and necessary component names and the functions of these components. Get the hands-on experiences necessary to get a computer working again after disassembling it. There is an in-depth look at all components of a computer system along with necessary software to run it. This is a great opportunity for students to experience taking apart a computer and then putting it back together again. The student will be able to finish the class with the pride and confidence of being able to build their own new computer. Students for this class should have an aptitude for discovery and inquiry and would like to have a hands-on and intellectual experience.

Mon. - Fri., July 7-11 (7th - 9th Grades)
OR Mon. - Fri., July 14-18 (8th - 10th Grades)
9 a.m.–1 p.m.
Room: 1304
Register by June 9:  $160
Register after June 9: $170
Plus a $12 material fee

Science Exploration Camp (ages 9-12)

Science isn’t just something we learn about – it’s something we do! Playing, tinkering, touching and inventing are what this one-week science exploration camp is all about. Build our Rube-Goldberg machines out of everyday materials, design and test rockets, sew flashing creations with circuit thread and make your own motorized art machines. Over the week, students will see science come alive and experience inventing first-hand as their ideas go from concept to creation. Get ready for a hands-on camp full of science, art and lots of fun!

Monday – Fri., July 14 - 18
9 a.m. - 12 Noon
Room: Hort 5110
Register by June 9: $140
Register after June 9: $150
plus a $25 materials fee

This camp is offered in collaboration with the Santa Cruz Children’s Museum of Discovery.

NEW!

The Cabrillo Youth Summer Institute (CYSI) is back with some exciting changes and new programs! CYSI gives junior high and high school students the opportunity to begin their journey to college & careers. Students spend a week exploring a chosen “career path” through both classroom and hands-on activities. Programs on college & career readiness are new this year. Students will be guided to identify, discover, and explore specific career areas. A key contributor to future academic and career success is early exposure to career awareness. We will introduce students to the college and career opportunities that exist and prepare them to make decisions about high school and college coursework and, ultimately, their future.

Students in junior high (entering 7th & 8th grade) & high school are eligible to attend.

Camps will run Monday-Friday on the Aptos, Watsonville and Scotts Valley campuses.
Creative Cooking
Here's your opportunity to cook in a real professional kitchen. Join chef instructor Anne Baldzikowski for a fun and delicious week in the Cabrillo College Kitchens. This class is designed to help the student develop basic cooking skills. A broad background in professional cooking techniques will be gained by students through instruction and lab work. The class will explore knife skills, sanitation, food production, culinary careers, origins of cuisine, and restaurant work. Individual development will be nurtured as well as teamwork. Each student is encouraged to progress toward his or her goals.

Please wear long pants, closed toe shoes, an apron and a hat.

Mon. - Fri., July 21-25 (7th & 9th Grades)
OR
Mon. - Fri., July 28-Aug. 1 (8th & 10th Grades)
9 a.m.–1 p.m.
Room: 908
Register by June 9: $235
Register after June 9: $250
Plus a $35 material fee

Creative Cooking at Front Street Kitchen (8th - 10th Grades)
This class is designed to help the student develop basic cooking skills. A broad background in professional cooking techniques will be gained by students through instruction and lab work. The class will explore knife skills, sanitation, food production, culinary careers, origins of cuisine, and restaurant work. Individual development will be nurtured as well as teamwork. Each student is encouraged to progress toward his or her goals.

Please wear long pants, closed toe shoes, an apron and a hat.

Mon. - Fri., Aug. 4-8
9 a.m.–1 p.m.
Front Street Kitchen – located at 504 Front St., Santa Cruz
Register by June 9: $235
Register after June 9: $250
Plus a $35 material fee

To register call 479-6331 or visit us online at www.cabrillo-extension.org 21
Digital Photography I: Creative Photographic Shooting with Natural & Studio Light
(7th & 10th Grades)
Learn the basics of shooting great photographs with digital cameras. Topics covered will include image composition, getting the correct exposure for shooting outdoors, as well as working with basic studio lighting & portable backdrops. Walks around campus will cover landscape photography, florals, architecture style images, portraits & more. DSLR camera recommended, though cell-phone camera ok. Basic processing of photographs from camera to digital darkroom will also be covered.
Mon. - Fri., July 14-18
9 a.m.–1 p.m.
Room: 517
Register by June 9: $160
Register after June 9: $170
Plus a $10 material fee

Digital Photography II: Creative Photography: Processing in the Digital Darkroom - Editing your Photographs with Photoshop
(7th & 10th Grades)
Learn the basics of processing your digital photography and advanced image editing with Adobe Photoshop to take your digital photographs to the next level. Students will learn; how to: color correct, process, edit, dodge/burn, make selections & cut-outs, as well as, enhanced layer blending modes, collage, apply special effects to enhance an image and more to create a mini portfolio of finished images. Students will also learn where & how to print their photographs on canvas.
Students who did not take the Part 1 camp need to bring their own photos on a USB flash drive.
Mon. - Fri., July 21-25
9 a.m.–1 p.m.
Room: 517
Register by June 9: $160
Register after June 9: $170
Plus a $10 material fee

Music Video Production – The Creative Process
Wanna make a music video? How can we talent swap as a group to make music videos? You can direct, operate a camera, do lighting, choreography, dance, lip sync, add creative design elements or all of the above. Learn how to take a song you love and create moving visual images to accompany the mood you feel from the song. We will be using Mac computers with iMovie software and learning basic editing techniques. Bring your own camera.
No experience necessary!
Mon. - Fri., July 7-11 (7 & 8 Grades) OR
Mon. - Fri., July 14-18 (9 - 12 Grades)
9 a.m.–1 p.m.
Room: 317
Register by June 9: $160
Register after June 9: $170
Plus a $10 material fee

Improvisational Dance and Moving Theater
This class is for dancers and non-dancers alike. The course introduces the skill of creative movement and basic tools in dance/theatrical improvisation. Working as solos, duets, trios and a large group, we will explore inventive storytelling using creative body-movement with theatrical/playful use of language and pace. There will be time given to witness each other in action. Improvisational movement asks the mover to not know what they are going to do, rather than knowing what they explore their impulse to move and allow themselves to be surprised. This is a great class to support your imagination, creative exploration and poetic soul.
No experience necessary!
Mon. - Fri., July 7-11 (9th - 12th Grades)
2 - 5 p.m.
Room: 1117 (Dance Studio)
Register by June 9: $160
Register after June 9: $170
Plus a $10 material fee

TAKE BOTH DIGITAL PHOTOGRAPHY INSTITUTES FOR JUST:
Register by June 9: $305
Register after June 9: $325
Plus a $10 material fee
Engineering: Design & Build Institute  
(7th - 9th Grades)
This institute is designed for students who want to learn more about the role engineers and engineering plays in our lives. Through hands-on design projects, students will be exposed to the many fields of engineering and learn that engineering is a fun, exciting, and rewarding career.
Mon. - Fri., July 28-Aug. 1
9 a.m.–1 p.m.
Room: 810
Register by June 9: $160
Register after June 9: $170
Plus a $10 material fee

Girls in Engineering: Design & Build  
(6th - 9th Grades)
This institute is designed for girls who want to learn more about the role engineers and engineering plays in our lives. Through hands-on design projects, students will be exposed to the many fields of engineering and learn that engineering is a fun, exciting, and rewarding career.
Mon. - Fri., Aug. 4-8
9 a.m.–3 p.m.
Room: 810
Register by June 9: $180
Register after June 9: $190
Plus a $10 material fee

Video Game Design Institute  
(ages 12-18)
This all-new institute is a unique journey to help students make the transition from being a video game consumer to a video game developer. Students will learn different skills and theories to conceptualize, develop prototypes, create, and tune a single level in one particular genre. In order to ensure that it is accessible to all levels of computer programming expertise, we will be sticking to the platformer genre, and helping students to focus on creating experience at their own level of development.
Each student will walk away from the course with their own unique creation!
Familiarity with an editing tool like Tiled is recommended but not required.
Mon. – Fri., August 4 - 8
1 - 3 p.m.
Room: 2502
Register by June 9: $190
Register after June 9: $200

SAT Preparation  
(9th - 12th Grades)
This SAT Prep Institute is a great way for students to prepare for the SAT Reasoning Test. The week-long institute covers all sections of the SAT test including:
• All SAT study guide course materials
• Extensive training sessions and practice tests for each section of the SAT exam
• Essay scoring and notes from a professional editor
• Specific strategies for each type of question on the SAT
• General test-taking methods
• Complete explanation of each question and answer on camp practice tests
• System for analyzing errors to identify strengths and weaknesses
• Comprehensive SAT vocabulary list as well as Greek and Latin word root lists

NOTE: This class will prepare students for the SAT exam as it is administered through January 2016 (after January 2016, the test format is changing). For more information see our online description.

Aptos Campus
Mon. - Fri., July 28-Aug. 1
9 a.m.–1 p.m.
Room: 512
Register by June 9: $160
Register after June 9: $170
Plus a $20 material fee

Scotts Valley Campus
Mon. - Fri., August 4-8
9 a.m.–1 p.m.
Room: 1
Register by June 9: $160
Register after June 9: $170
Plus a $20 material fee

Scotts Valley Campus
Mon. - Fri., August 11-15
9 a.m.–1 p.m.
Room: 1
Register by June 9: $160
Register after June 9: $170
Plus a $20 material fee

michael D. Allman, MA, PPrS, was a longtime volunteer at the Roble Family Shelter as an art group facilitator and has worked in education for over 8 years. Most recently he was the director of after-school programming at Davidson Middle School.
**KIDS SPORTS CAMPS**

**Basketball Shooting Camp**
Our shooting camp is a great opportunity for your child to focus on a particular skill and the development of that skill; SHOOTING. The entire camp will be devoted to improving each individual’s shooting technique and ability. Proper fundamentals and footwork will be coached to help maximize the camper’s development and experience.

Each day will consist of individual and group instruction, drill work, shooting competitions and position specific workouts. Throughout the camp you will learn a number of take home drills that will help you continue to improve upon your shooting long after the camp has ended.

Bring shorts, athletic shoes and your love for the game. Drinks and snacks will be available for purchase.

Mon. – Thu., June 30 - July 3
9 am – 3 pm (8:30am early bird drop off, 3:30pm extra work pickup)
Gymnasium
Fee: $175

**Basketball Skills Camps**
Our day camps provides a tremendous environment for your child’s skill improvement. We offer a solid foundation of offensive and defensive fundamentals for all age groups and skill levels. We provide positive feedback, instruction, motivation and techniques that will help to develop your child as a complete basketball player.

Our staff works with each player on the proper shooting, ball handling, passing, rebounding and footwork technique. Our emphasis on sound fundamentals immerses each camper in the sport, giving them the kind of focused, intensive training that is essential for improvement.

Bring shorts, athletic shoes and love for the game. Drinks and snacks will be available for purchase.

(8:30am early bird drop off, 3:30pm late pickup)

**Session 1: Ages 7 -12**
Mon. – Thu., June 16-19
9 am – 3 pm
Gymnasium
Fee: $175

**Session 2: Ages 12 -17**
Mon. – Thu., July 28-31
9 am – 3 pm
Gymnasium
Fee: $175

**Seahawk Football Camp (Ages 6 – 14)**
We are offering a non-contact skills football camp for any experience level from beginner to all-stars!

We will provide position specific areas of instructions for all positions: Quarterbacks, wide receivers, running backs, offensive & defensive linemen, defensive backs and linebackers.

Learn and practice all the important skill sets including: stance, ball handling, reading the play, run & pass blocking, rushing, blitzing, passing, and backpedaling. That’s just a sample!

**Please bring: cleats, mouth guard, shorts or sweats, athletic/football shirt**

Mon. – Fri., June 16-20
8 am - 12:30pm
Football Stadium
Fee: $160

**Baseball Camp (ages 7-14)**
This is the 10th year of our summer baseball camp offering. Our camp is designed to address all of the areas for a great experience: skills, one on one instruction, game play and great fun.

We insure that all of our campers will leave with a sound knowledge and skill level. At no time, will any camper will be in an environment either beneath or above their skill level. It is of the utmost importance that we provide a safe and meaningful experience.

**Please bring a hat, mitt, sport appropriate attire and a lunch daily.**

Mon. – Fri., July 7-11 OR July 14-18 OR July 21-25
9am - 2pm
Baseball Field
Fee: $190

For more information please contact:
Football: Eric Gerlach
831-479-6592 or
Joe Gregorio (831) 331-8976
Baseball: Bob Kittle
831-234-9824
Basketball: James Page
831-479-5024 or by e-mail at japage@cabrillo.edu
Soccer Speed & Agility Camp (ages 8-18)
Cabrillo College Athletics invites you to come train with top-level instructors. We will be holding a speed and agility clinic for soccer players ages 8-18. Our focus is on correct movement patterns to improve performance and prevent injuries.

Our camp offers a comprehensive, informative week of instruction and training on our beautiful playing surface in the stadium. Our lead instructor, Nate Hill, is a Certified Athletic Trainer, Certified Strength and Conditioning Specialist and former semi professional soccer player. Our Soccer Speed and Agility Camp will include an FMS (Functional Movement Screen) Assessment, Corrective Exercises based on your FMS score, Speed and Agility Training, Proper running mechanics and Core Stabilization exercises. We will conclude each day with soccer competitions.

Players should bring soccer shoes, flat soccer/running shoes, shin guards and a water bottle.

Mon. – Thu., July 28-31
10 am – 12 Noon
Carl Conelly Stadium
Fee: $100

Soccer Camps for Girls and Boys
Camps for boys 7-14 years old
9:00 am - 12:30 noon.
Fee: $140 per week

Soccer Camps for Boys only
Camp is for boys 7-14 years old
July 21 - 24
9:00 am - 12:30 noon.
Fee: $140
**Kickstart Your Health: The Power of Plant-Based Nutrition**

Have you ever considered a plant-based diet to lose weight or improve your health, or because you’ve wanted to be kinder to our planet and the animals? Have you hesitated because you don’t know where to start or you wonder how you would get enough protein? Whether for health or environmental concerns, or just because you’d like to incorporate more whole foods and vegetables into your diet, you’ll want to join us for this 6-week class series. You’ll learn the latest in plant-based nutrition science, as well as how to select, prepare and cook tasty vegan foods while you concurrently “test-drive” this way of eating in a supportive class environment.

Family nurse practitioner, Susan Lavelle, will offer practical tips for getting started, provide updated information and discuss key nutrients and their impact on your health and longevity, as well as demonstrate how to cook a variety of delicious plant-based recipes at every class. You’ll see - it’s not as hard as you think! And, as a bonus, by the end of the class you’ll likely shed some unwanted pounds, reduce your cholesterol and blood pressure, stabilize your blood sugar, and boost your energy and mood. So come test-drive a plant-based diet and see how this approach can help you feel better and be more energetic than ever!

The book by best selling author, Neal D. Barnard, MD, “21-Day Weight Loss Kickstart: Boost Metabolism, Lower Cholesterol, and Dramatically Improve Your Health”, will be provided to class attendees.

A materials fee of $30 is payable to the instructor at the 1st class to cover food, handouts, materials and supplies.

5 Tue., June 17 – July 15
6 – 8 pm
HW119 (Inside the Stroke Center)
Register by June 9: $140
Register after June 9: $149
Materials fee of $30 payable to instructor in class.

**Learn Knife Skills Like a Pro!**

This is a class that will change your life in the kitchen. You will learn the proper technique needed to handle a chef knife, building confidence and speed, while increasing safety. This is a hands-on class, we will be cutting a variety of vegetables and turn them into delicious soups that we will enjoy for dinner at the end of class. Bring your knives or use the ones provided. Eric will explain quality indicators, how to choose a knife, how to sharpen, proper hold and motion, and precision cuts. We’ll then get into the kitchen and do some cutting!

Fri., June 6
6- 9 pm
Room: 908
Register by June 9: $60
Register after June 9: $70
Plus $15 materials payable at class

**Fun with Fondant!**

Cake decorating is a fun art and one of the most popular decorating mediums is fondant: a rolled sugar dough. Anne will have a 6” cake ready for you to fill, frost with butter cream, and cover with fondant. A variety of tools will be available for you to create a splendid cake that you will take home. This class is perfect for beginners.

Participants must be 15 years or older. Please wear close-toed shoes, long pants, an apron, and hair tied back or under a hat.

Sat., June 14
10 am - 1 pm
Room 908
Register by June 9: $60
Register after June 9: $70
Plus $15 materials payable at class

**Susan Lavelle** is a registered nurse practitioner at Cabrillo College’s Student Health Services and also a certified PCRM Food for Life instructor. She passionately promotes healthy dietary and lifestyle choices to prevent disease and achieve optimal health.
Frozen Artisan Confections
Join Anne in the Cabrillo Bakeshop, on the first day of summer, for a morning of making frozen confections. We will begin with an introduction to the various forms of equipment and formulas and then create amazing gelato, sorbet, frozen yogurt, French custard style ice cream, and Philadelphia style ice cream. Anne will also have a station set up, in the Bakeshop, for you to try your hand at making waffle cones!

Sat., June 21
10 am - 1 pm
Room 908
Register by June 9: $60
Register after June 9: $70
Plus $15 materials payable at class
Anne Baldzikowski – see bio

The Art of French Sauce Making
In this class you will learn how to prepare Hollandaise, Béarnaise, Demi glace, sauce Americaine, and Mornay. We will also explore how to critically evaluate sauces. This class includes both demonstration and hands-on learning.

Fri., June 27
6- 9 pm
Room: 908
Register by June 9: $60
Register after June 9: $70
plus $25 materials payable at class
Eric Carter– See bio

Italian Sauce Making
Learn to prepare Marinara, pesto, Alfredo, Salsa Verde and Linguini with Clam Sauce. Partly hands on and partly demonstration. We will also explore how to critically evaluate sauces.

Fri., July 11
6- 9 pm
Room: 908
Register by June 9: $60
Register after June 9: $70
plus $25 materials payable at class
Eric Carter–See bio

NEW!

Chicken Cookery
Explore roasting, sauté, frying and braising for this versatile bird. Using only Mary’s free-range chickens this hands-on and demonstration class will show you how to cut and prepare chicken four different ways. At the end of class we will have a delicious chicken feast. Bring your appetite!

Fri., July 18
6- 9 pm
Room: 908
Register by June 9: $60
Register after June 9: $70
plus $25 materials payable at class
Eric Carter has over 15 years of professional experience as a chef and restaurant manager. He enjoys preparing soups, sauces, seafoods, meats and vegetables. He has been teaching Culinary Arts at Cabrillo for over 18 years and is the director for the department.

Cobblers, Crisps, and Slumps
What do all of these desserts have in Common? They celebrate the bountiful fruits of summer. Join us in the Cabrillo Bakeshop and see what it’s like to bake in a professional kitchen. We will visit the Monterey Bay Certified Farmer’s Market to select ingredients. Upon our return we will create Strawberry Rhubarb Cobbler, Plum Oat Crisp, and a Sweet Summer Slump. Each student will take one of each home.

Appropriate for students 15 years and up. Please wear close-toed shoes, long pants, an apron, and hair tied back or under a hat.

If you would prefer to drive to the Farmer’s Market, rather than walk across campus, please park outside room 908 and then drive over to the market for that part of the class

Sat., July 19
10 am – 1:30 pm
Room 908
Register by June 9: $60
Register after June 9: $70
plus $20 materials payable at class
Anne Baldzikowski – See bio

To register call 479-6331 or visit us online at www.cabrillo-extension.org
**International Flat breads, Pesto, Chutney, and Hummus**

Flat breads and dips are the foundations of many cuisines. Learn how to make herb scented pestos, zesty hummus, a yogurt dip, and cherry tomato chutney. The flat breads we will make are delicious Roti, Chapatti, and Naan.

Fri., July 26
10 am – 1 pm
Room 908
Register by June 9: $60
Register after June 9: $70
plus $15 materials payable at class

**The Art of Making Sushi**

Let’s explore beautiful Japanese cuisine as we create a colorful array of sushi rolls using seaweed, seasoned rice, fresh vegetables, and fish.

Everyone will make two sushi rolls and assist in the preparation of seaweed salad, chicken teriyaki, and for dessert a silky smooth green tea ice cream.

Sat., August 2
10 am – 1 pm
Room 908
Register by June 9: $60
Register after June 9: $70
plus $15 materials payable at class

**It’s a Wrap!**

Great meals come in small packages! Whether it’s for an appetizer, a main course or a dessert, these wraps are sure to delight your family and friends as they have for centuries in many cultures.

We will make savory Mediterranean, Italian, and Asian wraps. For dessert we turn to French cuisine and create elegant crepes filled with fresh fruit and Belgium chocolate!

Come with an appetite!
Appropriate for students 15 years and up. Please wear close-toed shoes, long pants, an apron, and hair tied back or under a hat.

Sat., August 9
10 am – 1 pm
Room 908
Register by June 9: $60
Register after June 9: $70
plus $15 materials payable at class

**Tomato Time!**

Soups, salsas, dips, spreads, gratins, salads, and even dessert! Yes, we will make a variety of love tomato dishes straight from the farm to our table. We will start off the class in the Cabrillo Bakeshop and then walk over to the Monterey Bay Certified Farmer’s Market where Farmer’s will delight us with samples and knowledge of this glorious fruit.

When we return to the classroom we will prepare a sumptuous feast.

Appropriate for students 15 years and up. Please wear close-toed shoes, long pants, an apron, and hair tied back or under a hat. If you would prefer to drive to the market, rather than walk across campus, please park outside room 908 and then drive over to the market for that part of the class.

Sat., Aug. 16
10 am – 1:30 pm
Room 908
Register by June 9: $60
Register after June 9: $70
plus $15 materials payable at class

Our baking classes are taught by Anne Baldzikowski, an award winning culinary instructor in the Cabrillo College Culinary Arts Department. She has owned two wholesale bakeries and brings a wealth of knowledge and enthusiasm to her classes.

For the Tomato Time and Frozen Artisan Confections classes, if you would prefer to drive to the market, rather than walk across campus, please park outside room 908 and then drive over to the market for that part of the class.

Appropriate for students 16 years and up. Please wear close-toed shoes, long pants, an apron, and hair tied back or under a hat.
The Aptos Farmers Market at Cabrillo College is a Saturday tradition for locals, chefs, and tourists! Each week, local farmers offer an unsurpassed selection of California grown organic produce, pasture raised meats and poultry, fresh raw milk and cheeses, and a huge variety of artisan foods. The market is open year round, rain or shine!

For information about our other markets, please visit us at: www.montereybayfarmers.org

Plant Sale
May 9, 10 & 11

Pre-Sale Fri. 3-7
Friends of the Garden pre-sale, silent auction and refreshments. $25 memberships available at the gate.

Public Sale
Sat. 9-5
Sun. 10-2

All proceeds directly benefit the Horticulture Program.
Cabrillo Summer Performing Arts

Workshops Designed For the Life-Long Learner
June 19-25, 2014

The collaboration of Cabrillo Extension, Cabrillo College Theatre Arts Department, Cabrillo Stage and Stagebridge Senior Theatre offers this ALL NEW spectrum of professionally taught classes designed for life-long learners aged 50+. Set in a safe and encouraging environment, artists and student artists hone their skills while enjoying the companionship of others with a similar focus. Explore how the creative process promotes health, lifelong learning and an empowering sense of mastery in the theatrical disciplines you wish to study.

…KINDLE THE FLAME OF CREATIVITY AND RELEASE THE MUSE INSIDE.

Choose individual classes or a custom designed series below.

Register for these Multiple Session Programs for a Discount!

| Series A | Dance & Sing Broadway | 12 Sessions | 1:50-3:05 pm Dance the Music of Broadway 3:15-4:30 pm Musical Theater Adventure Fee: $185 |
| Series B | Voice Intensive | 12 Sessions | 12:25-1:40 pm Sing Your Way to Health and Healthy Performance with the Alexander Technique 3:15-4:30 pm Musical Theater Adventure Fee: $185 |
| Series C | Acting Up | 9 Sessions | 12:25-1:40 pm Say Yes! Improvisation 1:50-3:05 pm Standing Up Strong & Theatre Performance as a Social Catalyst Fee: $142 |
| Series D | Stage, Screen & More! | 9 Sessions | 12:25-1:40 pm Acting Exploration & Say Yes! Improvisation 1:50-3:05 pm Acting for the Camera Fee: $142 |

Musical Theater Adventure
Soar high with Cabrillo Stage alumni as you learn song and dance numbers from popular Broadway shows. This adventure travels from the classic style of Rogers and Hammerstein to the frolicking folly of Jerry Herman.
Thu. - Wed., June 19-25 (No class June 22) 3:15-4:30pm Room: VAPA5148 Fee: $108

Sing Your Voice to Health
Learn the basics of maintaining and rejuvenating your voice as you sing favorites from the pop and Broadway stage. No experience needed.
Thu. - Sat., June 19, 20, 21 12:25-1:40 pm Room: VAPAS146 Fee: $54

NEW!

Kathryn Adkins has 20 years experience teaching theater, voice and directing. She has performed in Europe and for diverse companies including Cabrillo Music Festival, Santa Cruz Symphony, and Tandy Beal and Co.

Cinda Thomas, BME, MM, DMA, has been teaching singing for the past 30 years. She's an expert vocal pedagogue in the classical and musical theater singing styles and is a certified teacher of the Alexander Technique.
Acting Exploration
Find the joy of youth through the spontaneity of improvisation as you learn acting basics. Listen-Respond-Connect.
Thu.-Sat., June 19, 20, 21
12:25-1:40 pm
Room: VAPA5137
Fee: $54
Suzanne Schrag has been acting and improvising in local theater for 20 years. She is a member of the Santa Cruz Improv troupe Um...Gee...Um, and was a founding member of Friends of Gus theater company. She received the 2002 Gail Rich Award for contributions to SC theater.

Healthy Performing with the Alexander Technique
Perform with ease, freedom, calmness, and confidence as you learn skills created by the Shakespearean actor F. M. Alexander. This class is recommended for all those wanting to improve singing, speaking, posture and more.
Mon.-Wed., June 23, 24, 25
12:25-1:40 pm
Room: VAPA 5146
Fee: $54
Cinda Thomas – See bio

Acting for the Camera
Have fun, play, and share your vast untapped reservoir of talent with Ralph Peduto in his acting on camera workshop. Learn the craft and technique of acting for the camera with age appropriate scenes and situations. Lights, camera, action! And instant playback.
Thu.-Sat., June 19, 20, 21
1:50-3:05 pm
Room: VAPA5146
Fee: $54
Ralph Peduto, SAG and AFTRA, has more than 40 feature film and TV credits including, Mrs. Doubtfire, The Rock, Monk, Cheers and Godfather the Game as well as 75 national commercials.

Say Yes! Improvisation
Explore and express your creative, spontaneous self through fun improvisational theatre games. Revel in your spirit of adventure as we play and perform together.
Mon.-Wed., June 23, 24, 25
12:25-1:40 pm
Room: VAPA 5137
Fee: $54
Robin Aronson, PhD, teaches at Cabrillo College, directs shows for local theatre companies, and performs with Theater of All Possibilities, acting with and for kids in school assembly shows around the Bay Area.

Stand Up Strong!
Learn the art of stand-up comedy. Take what you’ve lived and turn it into an act uniquely your own. Help create healing through laughter, both out in the world and inside of your body. Laughter is medicine for the body.
Thu.-Sat., June 19, 20, 21
1:50-3:05 pm
Room: VAPA5141
Fee: $54
Karin Babbitt has been a professional stand up comic since 1979, and has appeared on nightclub stages around the country and on TV.

Theatre Performance as a Social Catalyst
Augusto Boal’s revolutionary method applied to YOUR life to transform and liberate. Learn how theater may be used to further Seniors and Social issues.
Mon.-Wed., June 23, 24, 25
1:50-3:05 pm
Room: VAPA 5146
Fee: $54
Karin Babbitt – See bio.

Dance the Music of Broadway
Feel the rhythm, learn the steps and experience the combinations used in dance breaks of the great Broadway song and dance numbers. This class combines with Musical Theater Experience for an end of workshop performance (optional). All welcome!
Thu.-Wed., June 19-25 (No class June 22)
1:50-3:05 pm
Room: VAPA5148
Fee: $108
Mindy Pedlar has appeared in 50+ theatrical productions. She has performed with Juliette Prowse and the Serendipity Singers as well as Cabrillo Stage and many other theater groups. She choreographs musicals and variety shows and teaches adult ballet locally.

Registered students will receive an invitation to the Cabrillo Stage “Sitz-Probe” rehearsal (lead actors and orchestra) of their choice for Altar Boyz, Oliver or Putting It Together.
Estate and End of Life Planning for Families Series

In these classes family members will get help with navigating the fiduciary, legal, health care and communication challenges that families face. What is a trustee and why do you need one? Are you choosing a trustee? Will you be a trustee? Want the best for your family? Not sure where to start? Join us to learn how to avoid common pitfalls and set the stage for success. Prepare yourself with a basic understanding of how communication, the law, finance, healthcare and other services can support your family needs. Learn how to create the dream team for Mom and Dad’s care and then continue as a healthy family group through estate distribution. (This doesn't happen by accident.) Initial Panel Presentation followed by five individual classes.

Sign up for all 6 classes for just $295 or take each course individually.

Trustee Success Factors: Risk, Reward and Realities: Ask the Experts

The experts will share their perspectives on risk, reward and the realities of getting prepared for generational transition in each of their areas followed by audience Q and A.

Sat., August 2
10 am – 12 pm
Room: Hort 5001
Fee: $35

Panel Members:
* Karen Calcagno, CPCC, PCC, ORSCC founder and CEO of Advantage Family Business Center
* Kathleen Brewington – Estate Attorney
* Tracy Cole – Trustee and Senior Care Consultant
* Kristina Kuprina - President of Sequoia Wealth Advisors

You Don’t Know What You Don’t Know… Estate Legalese in Layman’s Language

Our Family Meeting Facilitator sets the scene of a “Tale of Two Families” and their challenges in the journey of health care, dying and estate settlement. What do we need to know and why? We’ll have an Estate Attorney cover Trusts, Trusteeship, Executor, Wills, Powers of Attorney, Health Care Directives, and Conservatorship and Probate.

Sat., August 9
9:30 am – 12:30 pm
Room: Hort 5001
Fee: $65

Kathy Brewington, Estate Attorney
Karen Calcagno, Family Meeting Facilitator
Peaceful Estate Settlement
For a variety of reasons, families often experience splintered relationships when parents have passed away and their assets (no matter how small) are distributed (or not). Family member/trustees often do not have the relationship skills to navigate the murky waters of grief, sibling jealousy, or unfair outcomes presented in their parent’s wills.

A Professional Fiduciary will address requirements for settling an estate. We will provide insight into benefits and costs of having an outside trustee handle management and closure of the estate. We will discuss special needs trusts for a disabled child and answer the question: “What is a trust protector?”

Sat., August 23
1:00 pm – 4:00 pm
Room: Hort 5001
Fee: $65

Karen Calcagno, Family Meeting Facilitator
and a Professional Fiduciary

Creating Your Legacy, Honoring Theirs
“Who knows where your critical information is located?”, “How can I help my elders share their legacy of stories, values and wisdom before they are gone?”, “How do I want to be remembered, and am I creating the story I want to have told of me after I am gone?” We’ll help you think through how to begin the conversations to answer these questions.

Sat., August 23
9:30 am – 12:30 pm
Room: Hort 5001
Fee: $65

Holly Blue, Last Respects Consulting
Karen Calcagno, Family Meeting Facilitator

Financial Planning for Elder Care and End of Life Costs
Am I responsible to pay for my parents’ medical and health care bills if they can’t afford them? Studies show that most people don’t think ahead to end of life care and costs. Those unfunded costs can have a disastrous outcome for families. And—financial planning isn’t all about money. A Financial Planner, will lay out a sample plan for two fictional families, illustrating key tools for preparing for the future. Participants will have an opportunity to ask questions of specialists in Long Term Care Insurance and Reverse Mortgages. An Elder Law and Estate Attorney will discuss conservatorship and Medicaid funding for nursing home care. Our Family Meeting Facilitator will share tips on having family meetings to make these important decisions.

Sat., August 16
9:30 am – 4:00 pm
Room: Hort 5001
Fee: $90

Cheryl Rebottaro, Financial Planner
Lucille des Jardins, Elder Law Attorney
Karen Calcagno, Family Meeting Facilitator

Health Care Choices
Trustees are often responsible for health care choices for their elders. There is a steep learning curve in getting acquainted with the benefits and costs of each of many kinds of care. The secret for success is in finding the right solution for your particular situation. Tracy will share her broad expertise with class interaction. How do you get the whole family to agree to the chosen health care solution? We will also focus on tips for getting family members to pull together as a team.

Sat., August 9
1:00 pm – 4:00 pm
Room: Hort 5001
Fee: $65

Tracy Cole, Geriatric Care Advisor
Karen Calcagno, Family Meeting Facilitator
Preparing Your Teen for Their Future

Cabrillo Extension and the Early Childhood Education program are teaming up with Santa Cruz County College Commitment (S4C) and Positive Discipline Community Resources to provide specialized parenting classes geared towards building relationships that foster energetic and values-based approaches to helping our young teenagers pursue successful career paths. These classes offer parents the opportunity to learn about the child's world so as to better understand thoughts, feelings and the decisions children make.

Focusing primarily on the age of middle school teens/pre-teens, these classes will teach parents about the changes that come with this new developmental stage. What’s more, parents will learn how to help their teens navigate the transition from middle school to high school in a way that actively helps prepare them for their futures. Come and gain new understanding of behaviors, discover insight about the physiological changes of the teenage brain, and learn how to foster a sense of capability in your child.

**The New Territory of the Teenage Years**

Feel like your child has changed overnight and no longer listens to anything you have to say? This class explains why that is by offering parents greater knowledge of this new developmental phase. By exploring what we want for our children and the importance of “connecting before correcting” parents will gain a clearer perspective on how to navigate what lies ahead. Learn about the changes occurring in the teenage brain and the importance of brain function for clear communication. This class also teaches simple and effective tools to gain cooperation and encourage participation in the family, the household and future aspirations.

Sat., July 12
10 am – 1pm
Room: 1606

Register by June 9: $24
Register after June 9: $28

**Countdown to Launch: Preparing Your Teen for Their Future**

Learn how you can help prepare your teenager for their future as you move from the pilot’s seat into the co-pilot’s seat. This class will explore the changing role parents must play as their teenagers individuate. It also addresses how to develop your teen’s sense of intrinsic motivation so that they become active agents in preparing for their future. Understand your own triggers, the importance of self-care, and how to avoid parenting from a place of unresolved issues of your own past. Develop communication skills to promote understanding and cooperation, and help build accountability and responsibility.

Sat., July 26
5:30 – 9 pm
Room: A150

Register by June 9: $24
Register after June 9: $28

Gisselle Padilla is a Certified Positive Discipline Trainer and leads our Spanish classes. She helps parents find a balance between traditional Hispanic practices and the demands of our modern community. Gisselle has facilitated classes within correctional facilities, for parents in recovery, in a spiritual setting, and in Pajaro Valley Unified School District.

Stephanie Tam Rosas, MA, is a Certified Positive Discipline Parent Educator and works with teenagers at Costanoa High. She has worked throughout Santa Cruz County with at-risk youth, teen moms and foster youth.
Parents and Teens Together, Setting the Course! NEW!
The final class in the series invites the teenagers to attend with their parents. Having both parents and teenagers in class is an opportunity to explore ways to work in partnership on mutual goals. Together they will practice establishing routines for studying and family life with family meetings, and making agreements on issues of importance in household functioning. Both parents and teenagers will learn tools for improved communication and see change as a continuum with opportunities for the future.

Sat., Aug. 9 OR Sat., July 26 (in Spanish)
10 am – 1 pm 5:30 – 9 pm
Room: 1606 Watsonville Center
Room: A150
Register by June 9: $24
Register after June 9: $28

PreparinG Y our teen for their futurE
sign up for all 3 classes by June 9th for only $65!
Just $75 after June 9th

parents and teEnS together, setting the coursE

College: How to Get In and How to Pay the Bill
If you are a parent with a high school student looking to enter college, this class will help you learn what you need to know to help your child search for a good college, understand what admission people are looking for, write that dreaded essay and create an excellent resume. Paying for college is the one of the largest expenditures most parents will face in their lifetimes. In this class we will discuss strategies that can help you reduce college costs.

High school students are encouraged to attend Session 1 with their parent(s) at no extra cost.

2 Thu., July 16 & 23
6:45 – 8:45 pm
Room 432
Register by June 9: $54
Register after June 9: $62
Stephen Shapiro, CPA, CFP, has advised individuals on financial matters for over 20 years and has led financial workshops since 1989.

Parents! Do You Need H.E.L.P.?
In this 5-week course, parents and families will have the opportunity to explore their own values and goals around discipline/guidance and be introduced to strategies they can adopt to enhance interactions with their children. We will use a framework titled H.E.L.P., developed by Barbara Riverwoman to support successful adult-child interactions.

In this class parents/families will use different tools to reflect upon and assess the goals and values for their children; especially in regards to limit setting. Learn the 4 stages of H.E.L.P.

Honoring the impulse - We will discuss developmentally appropriate behaviors and the connection to a child’s “good idea”. There will be a focus on ‘behavior as communication’.

Empathizing - Taking the child’s perspective we will focus on emotional development and active listening.

Listening to yourself - We will focus on the importance and opportunity in sharing the adult perspective with young children.

Problem solving - We will focus on limit setting, including natural and logical consequences. We will also discuss democratic problem solving; and how best to share the power and encourage children to be involved in coming up with solutions.

What does it look like when all the steps are put together? Class will conclude with discussion and reflection around this question.

These workshops are designed primarily for parents with children aged 1-5 but are relevant for parents with kids of all ages.

5 Thu., June 26 – July 24
6:30 – 8 pm
Room: 1606
Register by June 9: $95
Register after June 9: $108

Nancy Spangler is a faculty member in the Early Childhood Education department at Cabrillo. She’s a master teacher in the Children’s Center and for 30 years has been working with young children and their families. It continues to be a true passion for her!
**Build Your Dream House**

Times have changed. It's more difficult to buy a house and in many parts of the country house prices are still too high. There is another way. You can build your own house and be mortgage free in just a few years without the worries about losing your house to foreclosure.

This 3-hour class will steer you in the right direction to building your own house for the least amount of money. Learn how to: buy land at county tax sales; buy materials for next to nothing and build it green, too; design your house for ease of construction; live on your property rent free while you build; use unconventional financing; and get the best help for the least cost.

Sat., June 7
2 - 5 pm
Room 435
Fee: $58
plus $20 text payable at class

David Cook, author of Build Your Dream House for a Song, is a former salesman and restaurant owner. He’d barely picked up a hammer before starting work on his dream house in Marin County.

**Foreclosures: Less Risk / More Rewards**

Many people want to buy residential properties in foreclosure at substantial discounts but don’t know how to uncover title or debt to establish equity. Warren has taught hundreds of people over 20 years how to make such purchases with minimal risk and cash. His three hour seminar illustrates the four-part foreclosure process with handouts and emphasizes how to buy the best discounted properties at trustees’ sales. This seminar has proven to be a rewarding investment of your time and money. Topics include:
- The complete foreclosure process
- How to uncover the best discounted property
- Risks and rewards of purchasing property
- How to step through the total research process to establish actual equity through governmental support available in all California counties.

Sat., June 14
10 am – 1 pm
Room 435
Register by June 9: $48
Register after June 9: $54

Warren Racine has been a licensed Real Estate agent/broker for over 40 years. He has taught thousands of people how to uncover title and debt to establish equity in residential properties in foreclosure. He has been teaching his workshops throughout California for over 30 years.

**Designing Your Kitchen for the 21st Century**

Whether you are considering a facelift or a complete overhaul for your kitchen, this two-Saturday workshop will ensure you have the information you need to avoid the ‘if I had only known’ syndrome. We will cover design trends, product innovations, top 10 remodeling mistakes, budgets, and schedules, along with many other helpful topics. You will leave this workshop with an action plan for creating a kitchen that meets your financial goals and reflects your personal esthetic.

2 Sat. August 9 & 16
9 – 11:45 am
Room 512
Register by June 9: $65
Register after June 9: $75

Yvonne Ross has received certification for kitchen design, green building and lighting design. Working as a field project manager she has managed all phases of construction from permits to material selection and installation for over 275 kitchens.
A unique collaboration has been formed to assist homeowners and conservation minded residents.

Cabrillo Extension, the Soquel Creek Water District, the Scotts Valley Water District and the City of Watsonville have partnered to offer a series of workshops about water conservation strategies for your home. A limited number of discounts for the classes listed below are available to customers of these organizations.

For more information, please contact:

Soquel Creek Water District: 831-475-8501 ext.142
Scotts Valley Water District: 831-600-1907
Watsonville Public Works & Utilities: 831-768-3103

Water Wise Landscaping
This interactive workshop will provide an overview of how to transform your yard into a beautiful landscape that uses little to no water. Topics will include plants, alternative water sources such as graywater and rainwater, and local resources available to help you make your water wise landscape a reality. Participants are encouraged to bring photos, plans or drawings of their own yards, ask questions and participate in discussion. The class will visit several local water wise landscapes in the afternoon for inspiration.

Sat., May 17
10 am – 3 pm
Room 405
Register by Feb. 10: $78
Register after Feb. 10: $85

Golden Love is a horticulturalist, certified arborist, licensed landscape contractor and lifelong avid gardener who has worked in sustainable landscaping for nearly 30 years. He specializes in local landscapes that are “water neutral” and is an expert on rain harvesting and greywater systems.

Graywater: Laundry to Landscape Irrigation System
This class gives participants information on repurposing water which was previously considered waste water and can now be redirected for landscape and garden irrigation. Participants will learn about current plumbing code standards, gray water compliant products, irrigation techniques, system design, installation, materials and tools required to complete their own residential system.

Sat., June 21
10 am – 3 pm
Room 711
Register by June 9: $78
Register after June 9: $85

Jim Heaney has been employed at the County of Santa Cruz Planning Department for the past 14 years as a Building Plans Examiner and a Building Inspector. In addition, Jim is part time faculty at Cabrillo College, where he has been teaching the Commercial and Residential Building Codes, the Uniform Plumbing and Mechanical Codes over the last 12 years. He is also a volunteer consultant for the Central Coast Greywater Alliance.

The A to Z of Rainwater Harvesting Systems
Rainwater harvesting is a popular alternative for homeowners and gardeners who want to become more self-sufficient by collecting rainwater while reducing their water bills. Rainwater can be used to water gardens and for emergency water supply. In this class we will discuss the fundamentals of designing a domestic rainwater harvesting system, how to optimize capture and usage, filtration and distribution. Graywater systems will also be discussed.

There will be a lunch break followed by a field trip to visit two nearby residential rainwater harvesting system projects.

Sat., June 14
10 am – 3 pm
Room 711
Register by June 9: $78
Register after June 9: $85

Bobby Markowitz is a licensed landscape architect specializing in rainwater harvesting design. His passion about rainwater harvesting has come out of his 30 years experience in landscaping, from his own organic garden and concern for the environment.
Writing the Best Business Plan
This seminar will help you identify the most appropriate business planning format for starting or expanding a business, marketing basics, and a strategic plan to put your business on the road to success. Learn how to establish realistic goals and objectives, determine startup costs, as well as various methods of financing your startup.

Writing a Business Plan is the first step to obtaining free of charge counseling from the SBDC.

Sat., June 21 OR August 2
9:30 am -12 noon
Room 1604
OR
Tue., May 13 OR July 15
2 – 4:30 pm
Room 1604
Fee: $35

Keith Holtaway has been a Santa Cruz resident and entrepreneur for the past 35 years. He has been a small business consultant specializing in business planning for start-ups, turnaround strategies for struggling businesses, and obtaining financing for business growth. Keith has worked with over 700 business owners from Carmel to Santa Rosa.

Your Online Presence
With customers using social media to “check in”, share websites and lodge complaints, it isn’t a question of if your business has an online presence, but how well you are managing it. These days a load it and leave it website and simply posting to a Facebook page just isn’t enough. There is great value for your business’ bottom line online if you know how to analyze and manage your online presence.

In this class business owners will learn how to shift their management of their online presence from merely tactical to strategic.

Sat., June 14
9:30 am -12 noon
Room 1604
Fee: $35

Lydia Snider – see bio
Leveraging Social Media to Grow Your Business

Your business might not need to be on every social media site, but you do need to make an informed decision on whether or not to engage on a social media platform. If you do engage, this class will help you develop that strategy.

In this class we will examine Facebook, LinkedIn, Twitter and Pinterest from a business strategy perspective. You will learn how to evaluate these and future emerging social media sites to determine if it is appropriate for your business. We will review realistic expectations of ROI of social media and how to leverage social media to grow your business. Participants are encouraged to take Your Business' Online Presence – An Overview prior to this class.

Tue., July 22
2 – 4:30 pm
Room 1604
Fee: $35

Lydia Snider is a local specialist in helping non-profits, small businesses and individuals leverage the power of social media. A former educator, Lydia started a very successful business that was launched using social media to spread the word and increase sales. Lydia had one of the first Facebook pages and is dedicated to helping businesses use social media wisely and profitably.

Recordkeeping for Small Business

This class will reveal the mysteries of accounting in plain language and give you everything a non-accountant saddled with keeping “the books” needs to know. Concepts and processes covered in this class will include: the bookkeeping cycle, accrual vs. cash vs. tax accounting, and the chart of accounts, journals and general ledger.

Double entry and single entry bookkeeping will be explained without the pain of “debit and credit” journal entries. Learn accounting concepts, to operate your small business more profitably.

This is an excellent prerequisite for those wishing to maintain their accounting records either manually or using computerized systems.

Sat., May 17 OR July 19
9 am – 1 pm
Room: 432
Register by June 9: $48
Register after June 9: $56
Carol Jensen – See bio

QuickBooks Basics

Information systems professionals, personal consulting services, massage therapists, personal trainers, and sports trainers need QuickBooks, too! Take your home-based industry from hobby to business. Learn and apply basic accounting concepts, business structure, and sound record-keeping procedures to your consulting/service business. Prepare Invoices, track your receivables, and predict timely collection. Accept credit/debit card payments. Gain familiarity with basic Financial Statements and how they help you grow your business. Know you are financially successful and document those all-important tax deductions.

The class is taught in a computer lab to ensure student hands-on experience with the software. Purchase of QuickBooks Pro is not required, but purchasing “QuickBooks Pro for Dummies” is recommended for those who do not own the software.

Students must bring a USB Memory Disk of at least 1 GB of memory to class. Mac users are welcome to bring their own laptops with QuickBooks already installed.

2 Sat., June 14 & 21
9 am - 1 pm
Room: 513
Register by June 9: $98
Register after June 9: $109
Carol Jensen specializes in financial aspects of start-up businesses and she is a Registered Tax Preparer (CTEC). Carol has taught QuickBooks and Real Estate at Cabrillo for many years.
Supervisory Academy Training Series

Being a supervisor can be difficult! You have a lot of responsibility, and usually, very little training. This program was designed to change all of that! This special edition of the Cabrillo College Supervisory Academy is a 8-week program designed to help you develop your skills and become a better supervisor. You can pick and choose which modules are best for you, or attend all 8!

Through this 8-week program, you will learn and practice the skills that will make your job easier. You will come to know yourself better as a supervisor and make effective choices about your leadership development. You will learn to communicate better with your staff, build a team, manage stress and conflict, build a team, and motivate your employees toward better performance.

Tuesdays, June 17 – August 5
1:30 – 4:30 pm
All classes are held at the Watsonville Center, Solari Green Tech Bldg., room C107
Take ALL EIGHT MODULES for just $375 or $54 per module

Being a Great Supervisor
Tue., June 17 1:30 – 4:30 pm
Being a supervisor is a lot of responsibility. As a leader in your organization, you help set the tone, and you have the potential of making a very positive impact. In this introductory course you will:
• Understand the roles and responsibilities of effective supervisors
• Assess your own supervisory skills and strengths
• Set goals for your supervisory development

Essential Communication Skills
Tue., June 24 1:30 – 4:30 pm
As a leader, your communication style and habits have a disproportionate impact on the “climate” of the organization. The way you communicate can heavily influence employee motivation, the quality of information shared, and employee engagement. Come to this course to:
• Practice essential skills for creating the organization you want, including listening and speaking clearly
• Understand the functions & channels of communication in an organization
• Understand communication barriers and practice overcoming those barriers

Managing Stress and Conflict
Tue., July 1 1:30 – 4:30pm
It’s now common knowledge that stress is a serious and dangerous health risk factor and can be linked to many of our most serious health challenges. But did you know that stress is also the cause of billions of dollars in lost productivity and revenue in our workplaces? Stress is also at the core of how we handle conflict. When we can reduce our stress, conflict cycle can become more productive. In this course you will:
• Define stress and understand its causes
• Identify your personal triggers and practice managing your stress reactions
• Understand 5 conflict responses and practice effective conflict management
Navigating Personal Change

Tue., July 8
1:30 – 4:30pm

Life is constantly changing and change inevitably creates stress. As a leader, it is imperative that you model appropriate and healthy responses to change. What changes are you facing at work? In your life? How do you react under stress? How do your habits keep you feeling stuck and resisting the changes you need to make?

In this workshop, you will:
• Understand the impact of change and assess your ‘change-resilience’
• Learn the stages of change and how to manage your personal stress reactions
• Learn critical self-awareness tools that will help you embrace change and move from habit to choice

Performance Management

Tue., July 29
1:30 – 4:30 pm

Employee performance problems can be frustrating. Often, we act as if simply telling or showing our employees how to perform should be enough. However, performance needs to evolve through coaching and support- and NOT be relegated to an annual performance appraisal. Come to this course to:
• Discern between performance management and performance evaluation
• Apply a 4-part performance management model to your most pressing performance issues
• Discuss common barriers to effective performance and make a plan for overcoming those barriers

Building a Team

Tue., July 15
1:30 – 4:30 pm

Working with a team can be a challenge but in today’s workforce is a given. When we understand some basic principles of teamwork, we can transform our working relationships by harnessing the power of our differences and creating a powerful work team. Come to this course to:
• Understanding team development and the 5 elements of effective teamwork
• Learn key steps for building collaboration and achieving consensus
• Identify barriers to decision making and problem solving

Employee Motivation

Tue., July 22
1:30 – 4:30 pm

Understanding how to motivate others is a key skill in our ability to effectively lead others. Many of us resort unconsciously to the old carrot-and-stick methods with very limited success. Come to this course to:
• Understand your role in creating the motivational climate at work
• Practice impacting employee motivation using the 4-D cycle, coaching, supporting and recognition skills
• Build a plan for motivating your team

Business Writing

Tue., August 5
1:30 – 4:30 pm

In today’s world, we communicate constantly: email, text, Facebook, tweets— the list goes on. But in this busy world, the quality of our communication makes a difference. For better or worse, people make judgments about our competence and credibility based on our written and oral communication. Come to this class to:
• Learn 5 ways to quickly organize your thoughts and translate them into writing
• Learn and practice essentials skills for effective email communication
• Review common email mistakes and ways to ensure that you don’t make them!
• Learn common grammatical and word choice errors and receive a cheat sheet to improve your writing

Michelle Waters, M.A. is a senior consultant for Cabrillo Corporate Training. A dynamic and experienced instructor, Michelle combines her broad expertise in the field of workplace communication, with an unbridled enthusiasm that sparks learning and increases engagement. Michelle has taught hundreds of clients how to work effectively in teams, prepare and deliver powerful presentations, deliver top quality customer service, and be more productive in their jobs.

Leadership Academy

Leaders are called upon to provide vision, articulate values, and move groups of people toward new destinations. To be successful, you need to know and understand your leadership strengths and challenges, mobilize and motivate groups of people to achieve results, and lead your teams through change. Our leadership training programs will help you transform into the leader you want to be! Join us this fall for our annual Leadership Academy! With modules designed to help you foster a healthy organizational culture, lead a team, set goals and achieve results, and coach for success, you will leave this series with a solid toolkit of leadership skills.

www.cabrillo.edu/services/extension/leadership.html
Do you want a more productive and effective workforce?

Today’s fast-paced business environment demands a highly trained and effective workforce. If you want to stay in business, you need to focus on your business and help your workforce perform at their best.

**Leaders** need to establish direction and communicate effectively both internally and out in the community.

**Managers and supervisors** need to define work, manage people and teams, create a positive and productive organizational culture and lead engaging meetings.

**Staff** needs to work effectively together, provide exceptional customer service, meet quality standards and deliver on deadlines.

All these things are possible when you have effective and affordable workforce training at your fingertips.

At Cabrillo Corporate Training, we can help you…

- Define your direction based on your values and your strengths.
- Develop standards and identify competencies that will guide and align all of your training efforts.
- Identify the performance you want from your workforce and the training gaps that need attention.
- Deliver targeted training programs *on site*, *based on your schedule*, to meet your needs.
- Evaluate the training to ensure a return on your investment.

Why invest in employee training & development?

**It’s simple.** Effective employee training means increased productivity and organizational effectiveness. It means you are better able to cope with the demands of today’s competitive business environment.

**And, well-designed training programs provide added benefits:** Improved employee morale, greater job satisfaction, more motivated employees, and decreased turnover. Long-term employee development efforts help keep an organization vital and successful.

Our seasoned experts bring dynamic and rich training programs to you!

- Leadership Development
- Management and Supervision
- Leading Change
- Project Management
- Time Management
- Team Building
- Making Meetings Work
- Presentational Speaking and Communicating with Impact
- Business Writing
- Compliance Training such as cultural competence training and sexual harassment prevention
- Customer Service
- And much more!

For more information call: 831-477-5649

Cabrillo Corporate Training is proud to announce a new partnership with **DDI- Development Dimensions International**!

Ask us how DDI content can meet your needs!
How to Become a Cabrillo Extension Instructor

Do you have professional or creative practice experience that you can share with others? Would you like to earn extra income as an instructor? The Cabrillo Extension program is always looking for new classes ideas. Learn from a seasoned pro everything you need to know to get started in a lucrative part-time profession.

No teaching credential needed.

Sat., June 7
10 am – 1 pm
Room 435

Fee: $42

plus $30 materials fee payable to instructor in class

Since 2001 David Cook has taught classes in over a dozen community colleges. He is a skilled professional who is passionate about his subject and has transformed that skill into a method for planning, designing and teaching Extension and Community Education courses.

Jill Gallo, Cabrillo Extension Coordinator, will be on hand to discuss how classes are offered through Cabrillo Extension and to answer general questions about Cabrillo’s Extension Program and our class proposal process.

Leveraging Social Media for Your Art

Harness the power of social media sites! This seminar will cover social media tools, best practices and case studies of artists who do it well, how they are transacting sales through social communities, and how you can effectively use Facebook, Twitter, Pinterest and other sites to share your message and artwork.

Friday, May 30
2 – 4 p.m.
Room 1001 (VAPA Lecture Hall)

Fee: $30

Karen Kefauer conducts popular social media marketing workshops, staff trainings and webinars in Santa Cruz and the Bay Area. She teaches business executives how to effectively use Facebook, LinkedIn, Twitter, Google+ and blogging for business and promotion.

Foreclosures: Less Risk/More Rewards

Many people want to buy residential properties in foreclosure at substantial discounts but don’t know how to uncover title or debt to establish equity. Warren has taught hundreds of people over 20 years how to make such purchases with minimal risk and cash. His three hour seminar illustrates the four-part foreclosure process with handouts and emphasizes how to buy the best discounted properties at trustees’ sales. This seminar has proven to be a rewarding investment of your time and money. Topics include:

• The complete foreclosure process
• How to uncover the best discounted property
• Risks and rewards of purchasing property
• How to step through the total research process to establish actual equity through governmental support available in all California counties.

Sat., June 14
10 am – 1 pm
Room 435

Fee: $48

Register by June 9: $48

Register after June 9: $54

E-mail Marketing for Your Art

Email marketing for your art is a low-cost, effective way to communicate with your customers and increase your sales. This seminar is presented by Constant Contact and will include proper set up, various templates available, and customer relationship management techniques to promote your business.

Friday, May 2
2 – 4 p.m.
Room 1001 (VAPA Lecture Hall)

Fee: $30

Workshop will be taught by a Certified Trainer for Constant Contact
Renew Your Notary Commission – Includes 2014 Laws

Need to renew your notary commission? A three hour refresher course is required. You must also be livescanned and pass the official Notary exam again. We’ll feature the new state laws passed this year and give you a brush-up on general law to make sure you haven’t fallen into any bad habits.

Your commission must be current to be eligible for a renewing seminar.

Must be 18 years of age. Serious conviction may disqualify applicant.

Register for the exam from 4 – 4:30 pm. Exam is from 4:45 – 6 pm. For the exam, bring a $40 check payable to Secretary of State, current driver’s license or state-issued ID (you must be a legal resident of California), a 2 x 2 passport color photo, and a few #2 pencils. LiveScan fingerprints required after you pass the exam.

There will be a short break for lunch. It is suggested that you bring your lunch, as there is no Saturday food service on campus.

Please arrive early. Due to State Regulation, no one will be admitted after the class begins. You must also be on time when returning after the break. No refunds for late arrivals.

Sat., July 26
12:45 – 6 pm
Room 454

Register by June 9: $50
Register after June 9: $58
plus $30 text payable at class

Carrie Christensen is the Director of Notary Public Seminars, Inc., a leading notary public course provider for more than 15 years. She teaches the course at colleges, universities and vocational schools throughout California.

Become a Notary Public – Includes 2014 Laws

Establishing yourself as a Notary Public, earn additional income and provide a service to your community. It’s not just a clerk’s job anymore. Successful notaries provide a valuable service to their company, friends and private clients. Ambitious Notaries gain the skills it takes to become a Loan Signing Agent making $200 to $400 per signing.

Our 6-hour state approved seminar gives you the knowledge to pass the exam and practice as an effective Notary. You’ll receive 2 practice tests and you’ll take the official Notary exam directly following the seminar.

Must be 18 years of age. Serious conviction may disqualify applicant.

Register for the exam from 4 – 4:30 pm. Exam is from 4:45 – 6 pm. For the exam, bring a $40 check payable to Secretary of State, current driver’s license or state-issued ID (you must be a legal resident of California), a 2 x 2 passport color photo, and a few #2 pencils. LiveScan fingerprints required after you pass the exam.

There will be a short break for lunch. It is suggested that you bring your lunch, as there is no Saturday food service on campus.

Please arrive early. Due to State Regulation, no one will be admitted after the class begins. You must also be on time when returning after the break. No refunds for late arrivals.

Sat., July 26
8 am – 6 pm
Room 454

Register by June 9: $95
Register after June 9: $110
plus $30 text payable at class

Carrie Christensen – See bio
**Starting Your Own Nonprofit**

If you are thinking of starting a nonprofit business this class will demystify and explain the nonprofit start-up process for you. After learning the advantages and restrictions of running a nonprofit you will be able to decide if a nonprofit start-up is the best choice for you. You’ll learn about the privileges and restrictions nonprofits face, how to deal with government agencies, alternatives to a nonprofit and an understanding of the application and approval process.

**Sat., June 28**
10 am – 1 pm
Room 431
Register by June 9: $62
Register after June 9: $74
Class fee includes workbook
Josh Wagner – See bio below

**Starting Your Own Nonprofit—The Paperwork**

Expert help to complete your forms! The IRS exists to tax us. Therefore, convincing them to grant the coveted tax-exempt status can sometimes be a battle. In this class, we’ll show you in detail how to create a strong application to the IRS that will not only assure your success, but also minimize the time it takes the IRS to approve your application. Becoming a nonprofit organization requires a lot of paperwork. Both the state and federal government have multiple forms with multiple questions. In this workshop, Josh Wagner will take you step-by-step through these forms explaining what they are asking for and answering your questions.

Topics include:
- Generating and Filing Articles of Incorporation
- Creating a strong IRS tax-exemption application
- Obtaining California tax-exempt status
- Personal attention is given to individual questions.

**Sat., July 12**
10 am – 1 pm
Room 431
Register by June 9: $62
Register after June 9: $74
Class fee includes workbook
Josh Wagner runs the Santa Cruz consulting firm PlanRight, which provides a user-friendly approach to nonprofit start-up. PlanRight serves hundreds of client organizations around the country.
BUSINESS AND CAREER

Recordkeeping for Small Business
This class will reveal the mysteries of accounting in plain language and give you everything a non-accountant saddled with keeping “the books” needs to know. Concepts and processes covered in this class will include: the bookkeeping cycle, accrual vs. cash vs. tax accounting, and the chart of accounts, journals and general ledger.

Double entry and single entry bookkeeping will be explained without the pain of “debit and credit” journal entries. Learn accounting concepts, to operate your small business more profitably.

This is an excellent prerequisite for those wishing to maintain their accounting records either manually or using computerized systems.

Sat., May 17  OR  July 19
9 am – 1 pm
Room 432
Register by June 9:  $48
Register after June 9:  $56
Carol Jensen – See bio below

QuickBooks Pro for the Small Business Owner
QuickBooks Pro is one of the most widely used accounting programs for small businesses. This class will lead you through the set-up and use of the software for basic accounting functions including writing and printing checks, tracking income and expenses, generating financial statements, accounts payable and receivable, invoicing and more.

The class is taught in a computer lab so that students may gain hands-on experience with the software. Purchase of QuickBooks Pro is not required, but purchasing “QuickBooks Pro for Dummies” is recommended for those who do not own the software.

Students without bookkeeping experience are recommended to take Recordkeeping class on March 1st.

Students must bring a USB Memory stick of at least 1 GB of memory to class. Mac and PC users are welcome to bring their own laptops with QuickBooks already installed.

4 Sat., June 14 – July 5
9 am – 1 pm
Room 513
Register by June 9:  $195
Register after June 9:  $214
Carol Jensen – See bio

Landlording Made Easy
If you are a landlord, or are thinking about becoming one, this class will provide you with the basics of managing real estate. Learn how to legally advertise, screen applicants, develop procedures and build excellent tenant relationships. We’ll go over basic Fair Housing laws and legal requirements with tips and tricks to lead to an easier landlording experience.

Bring your lunch if you want to participate in one-on-one Q & A time.

Sat., July 19
9 am – 1 pm
Room 431
Register by June 9:  $60
Register after June 9:  $70
plus $5 material fee payable in class.
Kathleen Richards – See bio below

Landlording Made Easy II
Learn the in’s and out’s of a proper lease, the necessary addendums, and what you can and can’t put into a lease. Know the documentation needed to protect you, the property and the tenant.

Sat., July 19
1:30 - 3:30 pm
Room 431
Register by June 9:  $30
Register after June 9:  $36
plus $5 material fee payable in class.
Kathleen Richards, M.S., MPM, is Broker/Owner of a local property management company. She writes, teaches, and has been an expert witness for court cases as well as serving as President on state and local property management boards.
**Advanced QuickBooks**

This advanced class is designed for those who are experienced with QuickBooks and who are looking for insight on how to deal with the more difficult issues that advanced users often face. Some of the topics covered are: inventory, accounting issues and solutions, tracking and managing sales tax, working with and resolving payroll issues, effective use of remote access, job costing, time tracking and much more.

The class is a hands-on course. Students must have previous experience with QuickBooks Pro software.

Sat., May 10  
9 am - 1 pm  
Room 513  
Fee: $76  
Carol Jensen specializes in financial aspects of start-up businesses and she is a Registered Tax Preparer (CTEC). Carol has taught QuickBooks and Real Estate at Cabrillo for many years.

**Computers for Rookies**

Have you ever saved a file, but couldn’t find it later? Have you ever wanted to cry or curse because your computer was doing something you couldn’t understand? This class will give you the necessary foundation for a solid understanding of computer technology. First we'll present a basic overview of computer components and their functions. Then we will familiarize students with the Windows interface, and finally we will work on critical file management skills. Topics covered include understanding the roles of computer hardware and software; operating systems vs. applications; the Windows desktop; controlling windows; moving and copying files; creating folders; folder hierarchy; working with the Recycle Bin and more.

Required: a flash drive of at least 1GB.

Fri., June 20  
9 am – 5 pm  
Room 2502  
Fee: $95  
Mindi Cater – See bio

**Microsoft Excel– Level 1**

This class provides introductory training in Excel 2010, and is ideal for the computer user who wants to become well versed in Excel. Topics introduced include the ribbon interface; entering and editing data; selecting cells and ranges; printing worksheets; creating formulas and functions; using absolute and relative cell references; formatting cell contents; inserting and deleting columns, rows, and cells; creating charts, and more. After completing this course, students can successfully face the challenges presented in Microsoft Excel 2010: Level 2.

Required: Computers for Rookies or equivalent skills, and a flash drive of at least 1GB.

Fri., July 11  
9 am – 5 pm  
Room: 2502  
Fee: $124  
Mindi Cater – See bio

**Microsoft Excel - Level 2**

This intermediate level class covers more complex skills than those presented in Microsoft Excel 2010: Level 1. Topics include working with lists of data; filtering and sorting data; displaying subtotals in a list; formatting and printing multi-page workbooks; using advanced functions in formulas; tracing formulas: auditing formula errors, and more.

Required: Microsoft Excel 2010: Level 1 or equivalent skills.

A comprehensive manual/textbook is included in the course fee.

Fri., July 18  
9 am – 5 pm  
Room: 2502  
Fee: $124  
Mindi Cater has been teaching computer classes in Santa Cruz County since 1991. She has offered training at local organizations including SCCROP, the Sheriff’s Department, County Office of Education and the Capitola EDD.
Spring in Pinnacles National Park

Did you know that the Pinnacles Monument has just become our newest National Park!

Join us for a day within the western half of the park during the peak of the annual bird migration and the spring wildflower display. The Pinnacles were once part of a huge volcano that migrated from southern California over 23 million years ago. This location presents a fascinating platform for a day of tectonic plate geology, fauna, flora, Native American history and the recent re-introduction of the California Condor.

A letter and directions to the West Side park entrance will be provided upon registration.

There is a $5 park entrance fee (unless you possess a National Park Service annual pass or a Golden Eagle Passport)

Sat., May 10th
9 am – 3 pm
Pinnacles National Monument, Western side near Soledad
Fee: $72
Bruce Elliott – See bio below

Oceanside Oasis: Wadell Creek’s Rancho de los Osos

Thank you for your interest in enjoying one of the most beautiful ocean-side canyons on our California Coast. This wonderfully preserved former private ranch is now part of the State Park System and features easy walking access to a glimpse into what central California coastal habitat existed prior to rampant coastal development.

Join in for a short day of easy walking into the western slope of the Santa Cruz Mountains forest as we examine wildlife and their habitat communities. Birds, wildflowers, butterflies and other critters will engage our focus.

Bring a bag lunch, beverage and a binocular.

Students will receive a detailed map and informational letter from the instructor upon registration.

Sat., May 17
10 am – 4 pm
Wadell Creek
Register by June 9: $64
Register after June 9: $72
Bruce Elliott – See bio below

Big Cats of California, Past and Present

Big cats always capture our attention! California has hosted several big cat species, including our contemporary mountain lion or cougar, and in an earlier time a much larger American Lion, several species of scimitar-toothed cats, and saber-toothed tigers. Our program features an in-depth review of the biology of today’s mountain lion, as well as known details of the other big cats that prowled and hunted our State in the past.

Sat., June 28
10 am – 1 pm
Room: 403
Register by June 9: $25
Register after June 9: $28
Bruce Elliott – See bio below

Summer Seabirds

Certainly the most exciting and satisfying viewing of Pacific Coastal Marine Birds in the United States is along the summer environs of Monterey Bay. Without us leaving the dock, this program will take you on tour through the avifauna of California’s central coast, introducing participants to such seasonal visitors as albatross, storm-petrel, puffins, and all their allied species. The program will serve as a strong preparation for one of the commercial birding trips on boats out of Monterey during the prime seabird viewing season in late summer and autumn, details of which will be provided.

Fri., July 25
6:30 - 9 pm
Room: 403
Register by June 9: $25
Register after June 9: $28
Bruce Elliott – See bio below

Summer Shore Birds of Elkhorn Slough

Mid-summer in Central California marks the return of northern tundra-nesting water-associated birds, especially shorebirds on their southbound migration to winter area south of Old Mexico. Pauing here to ‘re-fuel’ body fat from the rich invertebrate animal life of the Elkhorn Slough tidelands provides in an opportunity to enjoy views of, and discuss the biology of the spectrum of transient species on the tidal mud flats.

Bring a sack lunch, beverage, and binoculars.

Students will receive a detailed map and informational letter from the instructor upon registration.

Sat., Aug. 9
9:30 am - 4 pm
Elkhorn Slough
Register by June 9: $65
Register after June 9: $72
Bruce Elliott – See bio
Beachcombing for History at Monastery Beach in Monterey County

You’ve probably driven along Highway 1 past Monastery Beach a gazillion times. Usually in a hurry, gotta get somewhere; see somebody. Well, it’s time you stopped and heard the voices. There was a Rumsien village there. In 1769 and again in 1770, the Portolá Expedition camped there longer than anywhere else in California. Yet, you’ll find no mention of it. No monuments. No plaques. Some of the history is obvious, and some of it requires assistance. We’ll bring it to life and forever change the way you see this remarkable beach. A shipwreck, the arrival of a Scottish-American architect, and the arrival of the Carmelite nuns – we’ll touch on it all, including why it now has the nickname “Mortuary Beach.” Students will receive a detailed map and informational letter from the instructor upon registration. Meeting Place: At the south end of the beach. Plenty of free parking. Bring a lunch and we’ll begin with some talk-story while we picnic on the beach before we begin exploring. Distance walking during the day: 3 miles, and some of it will be in soft, uneven sand. Due to the material, this course is not recommended for children under 18 years of age. Sat., May 31 12 Noon - 5 pm Monastery Beach Fee: $74

Point Lobos: The Creation of a Unique California Culture

While the sparks of contention and conflict often flared elsewhere in California, Point Lobos was a place of collaboration and cooperation. What was it that nurtured and encouraged these feelings of acceptance? Did the place attract a special kind of people or did it transform those who came to live there?

This course will be an afternoon exploration where you’ll hear the multitude of human voices that echo across that powerful landscape: Rumsien, Catalan, Majorquin, Cantonese, Azorean, Spanish, English, Japanese and German were all spoken at Point Lobos. Historian Sandy Lydon has been researching, writing and pondering Point Lobos for over thirty years, and will bring some of his latest discoveries and ideas on a moderate afternoon’s hike. A perfect way to spend Father’s Day afternoon! Students will receive a detailed map and informational letter from the instructor upon registration. Approximate hiking distance will be four miles. Due to the material, this course is not recommended for children under 18 years of age. Meeting Place: Whaler’s Cove Parking Lot, Point Lobos. Participants are responsible for their own automobile entrance fee of $10 per car. Sun., June 15 1 - 5 pm Point Lobos Fee: $64 Sandy Lydon – See bio
Backyard Astronomer
Learn how to identify the stars and constellations seen in our local skies in this fun hands-on workshop. Using the Cabrillo planetarium and observatory you will see the wonders of the universe and learn about astronomy history, methods, equipment, and recent discoveries. We’ll show some of the newest images from the Hubble of Mercury and talk about the 400+ newly discovered planets.

Participants should dress warmly for outdoor observation on the hill. In case of rain or fog, class will assemble in the planetarium or be rescheduled.

This class is appropriate for students aged 10 to adult.

2 Fri., July 11 & 18
6:30 – 9:30 pm
Room 707
Register by June 9: $58
Register after June 9: $65

Karl von Ahnen has been an amateur astronomer and telescope user since age 12. He has served as lab instructor-assistant in the Cabrillo Astronomy Department and is the Technical Director of the Minolta Planetarium.

College: How to Get In and How to Pay the Bill
If you are a parent with a high school student looking to enter college, this class will help you learn what you need to know to help your child search for a good college, understand what admission people are looking for, write that dreaded essay and create an excellent resume.

Paying for college is the one of the largest expenditures most parents will face in their lifetimes. In this class we will discuss strategies that can help you reduce college costs.

High school students are encouraged to attend Session 1 with their parent(s) at no extra cost.

2 Wed., July 16 & 23
6:45 – 8:45 pm
Room 432
Register by June 9: $54
Register after June 9: $62

Stephen Shapiro, CPA, CFP, has advised individuals on financial matters for over 20 years and has led financial workshops since 1989.

SoulCollage: Opening to the Light
A class for veteran collagers, beginners and everyone in between.
Summer is the season of light and has a unique quality of release and openness. Come take a break from the constraint of routine! We invite you to join us for a day long “staycation” to open to the lightness of summer in a delicious new way. This class supports, encourages and guides you to make a set of small collages to access the symbolic power of images and imagination in your own unique style. You can apply this method to many other aspects of your life, personally and professionally.

If you are already familiar with the method you know you are in for a treat. If you are new to it please visit SoulCollage.com for more details.

Flexible, accessible and playful, SoulCollage® allows you to work at your own pace and go as deep as you dare. No previous artistic experience is necessary.

Sat., August 2
10 am - 4 pm
Room: Hort 5005
Register by June 9: $75
Register after June 9: $88
Plus $20 materials fee

Lauren Mari-Navarro, LCSW is a trained facilitator of the Soul Collage® Method encouraging creativity and self-discovery. She has a private psychotherapy practice in the Santa Cruz community.

Patti Shimokawa is also a trained facilitator in nutrition, healing story, nature connection as well as SoulCollage®

Weaponless Self Defense
This class is designed to provide the student with real world self-defense skills and concepts that can be applied in a multitude of situations. The legal aspects of self-defense will also be discussed. This is a predominately hands-on active class. Students will learn: striking techniques, takedowns, ground defense, defense against grabs, use of impromptu weapons, defense against weapons, defense against multiple attackers, legal and ethical use of force principles.

Sat., May 17 OR July 26
9 am – 5 pm
Watsonville Center, Room A130
Fee: $100

John Wilson has been with the Scotts Valley Police Department since 1992. He has taught martial arts/self defense since 1988 and is 4th degree black belt in Tae Kwon Do. He has been an instructor for Cabrillo College for 13 years.
Beginning Social Ballroom Dance
Come join the fun in this introductory dance class where you will learn the basic skills for following and leading in selected ballroom dance styles which include: Fox Trot, Waltz, Tango, Two Step, Argentine Tango, Hustle and other popular ballroom dances.
Ballroom dance offers the unique opportunity to grow as a human being and dancer. You will learn to be confident dancing with one another in any social setting. It’s a whole new way to learn to be able to express yourselves with others. Dancing brings people together in a very wonderful community.
No previous dance experience necessary. Couples may register at a discounted rate.
6 Sun., June 15 – July 20
5 – 7 pm
Room 1117
Per person: $98
Per couple: $185

Intermediate Social Ballroom Dance
Continue your fun, experienced dancers, by adding to your skill, perfecting the specifics of leading and following, and dramatically improving on your ballroom dancing techniques. We’ll practice the different dance styles which include: Fox Trot, Waltz, Tango, Two Step, Argentine Tango, Hustle and other popular ballroom dances.
This class is for any dancer interested in taking their ballroom dancing to the next level.
6 Sun., June 15 – July 20
7 - 9 pm
Room 1117
Per person: $98
Per couple: $185
Amy Farhood is a graduate of Mills College in dance and an award-winning ballroom dancer and choreographer.

Community Folk Dance
The line and partner dances of the Mideast and Balkan countries are featured at this popular Friday evening event. Dance steps will be taught from 7:30 - 9 pm and requests will be taken between 9 - 11pm. Partners aren’t necessary, but children under 12 must be accompanied by an adult.
One Friday of each month will feature live music for dancing.
Friday nights
7:30 - 11 pm
Room 1117 (Gymnasium Building)
$5 per evening at the door, $10 on “live music” nights.

Healthy Harmonica
Breathing is our foundation when playing the harmonica. We will take the simplest of pop, folk, and blues melodies and invigorate them with simple, but powerful, techniques to make any song deeply expressive.
No previous ability to read or play music—only a desire to have fun and feel more alive!
Students will need a “C” major diatonic harmonica.
Instructor will have them available in class for $12 if you don’t have one.
Wed., July 30
6 – 7:30 pm
Room 514
Register by June 9: $30
Register after June 9: $35
plus $15 for course materials payable to instructor at class
Dave Broida - See bio below

Beginning Blues Harmonica
Beginning Blues Harmonica will get you jammin’ the blues immediately! Emphasis in this class will be on playing and having fun as you are introduced to many of the tricks and techniques to make the harmonica cry, laugh, wail and scream.
No previous musical experience or harmonica training is required—only a love of the blues and the desire to play the harmonica!
Students will need a “C” major diatonic harmonica.
Instructor will have them available in class for $12 if you don’t have one.
Wed., July 30
7:45 – 9:45 pm
Room 514
Register by June 9: $45
Register after June 9: $52
plus $15 for course materials payable to instructor at class
Dave Broida has been teaching and performing for 20 years. He plays professionally throughout northern California and teaches throughout the state.
Experience Education to Go Online Classes

If you can't take the time to go to school, our online classes are there to help you study and learn at home. The instructor-facilitated online courses are informative and highly interactive, and our instructors are famous for their ability to create warm and supportive communities of learners. These not-for-credit classes are available to anyone with a computer, internet access and e-mail.

All courses are six weeks long (with an optional two-week extension). Courses include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses from your home or office, any time day or night.

How to Get Started:
Visit our Online Instruction Center: www.ed2go.com/cabrillo
Select your class and follow the prompts.

Start Dates: A new section of each Ed2Go class begins on the following dates: May 21, June 18, July 16 & August 21
NEW CLASSES ARE MARKED WITH AN *

Requirements:
All courses require Internet access and e-mail. Some courses may have additional requirements. Please visit our Online Instruction Center for more information.

Over 400 courses are available on our ed2go redesigned web site to make it easier for students to find and enroll in the title(s) they are looking for. Here is just a sample:

Web Page Design ($95)
Designing Effective Websites
Introduction to Dreamweaver CS5
Introduction to CSS and XHTML
*Advanced Web Pages

Web Graphics and Multimedia ($95)
*Intro & Intermediate Flash CS5
*Intro & Intermediate Photoshop CS5
Adobe Acrobat 9

Web and Computer Programming ($95)
VisualBasics 2008
Introduction to PHP & MySQL
Introduction to Java Programming
*Introduction to Ajax Programming
*Introduction to Python 3 Programming

Computer Applications ($95)
*What’s New in Microsoft Office 2010
*Microsoft Excel 2010
*Word, Excel, Access, Publisher & Outlook 2010
*Introduction to CorelDRAW X5

Graphic and Multimedia Design ($95)
Introduction to Illustrator CS5
*Intro & Intermediate InDesign, Photoshop, Flash CS5

Database Management & Programming ($95)
Introduction to Database Development
*Introduction to MS Access 2010
Introduction to SQL
Introduction to Programming

Computer Certification Prep ($149)
CompTIA Security+ Certification Prep
Advanced A+ Certification Prep
Intermediate A+ Certification: Operating Systems

Languages ($95)
Speed Spanish I, II, III
Spanish for Medical Professionals
Instant Italian
Conversational French
*Conversational Japanese
*Easy English
*Grammar for ESL
*Spanish for Law Enforcement
ONLINE CLASSES

Writing & Publishing ($95)
Beginning Writer's Workshop
Write & Publish Your Nonfiction Book
Writerific: Creativity Training for Writers
Effective Business Writing
*Writing Young Adult Fiction
*Keys to Effective Editing

The Internet ($95)
Navigating the Internet
Web 2.0 Blogs, Wikis & Podcasts
Introduction to Creating WordPress Web Sites

Grant Writing & Nonprofit Management ($95)
A to Z Grant Writing
Writing Effective Grant Proposals
Introduction to Nonprofit Management
Marketing Your Nonprofit
*Nonprofit Fundraising Essentials

Start Your Own Business ($95)
Marketing your Business on the Internet
Start & Operate Your Own Home Business
*Introduction to Interior Design
*Start Your Own Arts and Crafts Business
*Writing and Selling Self-Help Books
*Small Business Marketing on a Shoestring

Sales & Marketing ($95)
Principles of Sales Management
Marketing Your Business on the Internet
Managing Customer Service

Accounting ($95)
Accounting Fundamentals I & II
MS Accounting Professional 2008
*Introduction to Crystal Reports
*Intro to Peachtree Accounting 2012
*Introduction to QuickBooks 2012

Business Administration ($95)
Distribution and Logistics Management
High Speed Project Management
*Going Green at the Workplace

Test Prep ($95)
GED, GRE & GMAT Preparation
LSAT Preparation: Part I & Part II
SAT/ACT Preparation: Part I & Part II

Personal Development ($95)
12 Steps to a Successful Job Search
Resume Writing Workshop
Keys to Effective Communication
*Protect Your Money, Credit, and Identity

Health Care, Nutrition, & Fitness ($95)
Medical Coding & Transcription
*Handling Medical Emergencies
*Become a Physical Therapy Aide
*Become an Optical Assistant
*Explore a Career as an Administrative Medical Assistant
*Start Your Own Edible Garden
*Going Green at Home

Merrill Ream Speed Reading
Genealogy Basics
*Mastering Public Speaking

Children, Parents and Family ($95)
Homeschool With Success
Mastering Digital Photography: Photographing People
*Ready, Set, Read!
*Response to Intervention: Reading Strategies That Work
*Singapore Math Strategies
*Teaching Students With Learning Disabilities
*ReadyMATH

Health Care - Continuing Education ($95 - $210)
Certificate in Spirituality, Health, and Healing
Certificate in Complementary and Alternative Medicine
*Medical Math
*HIPAA Compliance
*Certificate in Holistic and Integrative Health
*Certificate in Integrative Mental Health
*Spanish for Medical Professionals
Certificate in Gerontology

Please visit our online catalog for complete class descriptions, instructions & requirements.

www.ed2go.com/Cabrillo
Parking Fees
Everyone parking on the Cabrillo campus must have either a semester permit or day pass. Day passes cost $4 and are available in vending machines located in student lots. These vending machines are well marked. Parking in student spaces only.

* Please see the posted days and times that parking fees are required.
REGISTRATION FOR EXTENSION CLASSES

Registration is Easy!

- The fastest way is to use our online registration at: www.cabrillo-extension.org, which is available 24 hours a day, 7 days a week.
- Or, fill out the form below and fax it to: 831-477-5239.
- Or, charge by phone using Visa or MasterCard. Call 831-479-6331.
- Or, fill out the form below and mail it with your check or credit card information to: Cabrillo College Extension, 6500 Soquel Dr., Aptos, CA 95003

Discount for Early Registration

On discounted classes you will see both early and regular fees listed. Discounts do not apply to some classes. Late registrants may find a class already filled, or that delaying their registration caused a class to be canceled.

Refunds

There’s no fine print in our refund policy. Classes canceled by Cabrillo will be refunded in full. We will gladly process your request for a refund or transfer if it is received in our office at least five (5) business days prior to the beginning of the class. There is a 10% service fee, subject to a $5 minimum. We cannot accept requests for refunds or transfers, regardless of the reason, if they are received less than five (5) business days prior to the class start date.

If you are unable to attend a class, you may send someone in your place by notifying the Extension office by phone or e-mail.

Cabrillo Arts, Sports Camps, Kids on Campus, and Motorcycle Safety School have different refund policies. Please call for more information or visit our website.

Office Hours

Monday - Friday: 9 am – 5 pm

Mail this portion to: Cabrillo College Extension 6500 Soquel Drive Aptos, CA 95003 or fax it to: 477-5239

Name ____________________________

Address ____________________________

City __________________ State, Zip ____________

Work phone ___________________ Home phone ___________________ Cell phone ___________________

Email Address ____________________________

☐ Check enclosed (Payable to Cabrillo College) ☐ Charge my credit card ☐ Visa ☐ MasterCard

Card # ____________________________

Expiration Date __________________ Signature __________________

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To register call 479-6331 or visit us online at www.cabrillo-extension.org 55
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Photography...
Amazing new classes in Night Photography, Outdoor Portraiture, Visioneering and a sneak peek at Idea•ography!
See Page 15

Culinary Classes...
Art of Making Sushi, Chicken Cookery, French Sauce Making, Fun with Fondant and many more!
See Pages 26-28

Springtime at Pinnacles National Park...
Join Bruce Elliott on a tour of our newest National Park!
See Page 48

Kids on Campus...
Sports Camps, Computer Robotics, Astronomy, Summer Arts Camps, Summer Career Institutes, Babysitter Training and more!
See Pages 16-25

www.cabrillo-extension.org