Online Training For All Faculty, Staff and Administrators To Help Students in Distress

At-Risk for Faculty & Staff is an online, interactive gatekeeper training simulation used at more than 200 campuses nationwide. Learn to identify and talk to students exhibiting signs of psychological distress and motivate them to seek appropriate help. Possible signs of distress include depression, anxiety, and thoughts of suicide.

In this innovative online simulation, faculty, staff and administrators will enhance their skills through direct practice in a risk-free environment. The course covers identification of virtual students experiencing various types of distress along with practice conversations to motivate those students to seek help.

A survey to assess At-Risk for University & College Faculty showed:

- 87% reported they were better prepared to identify, approach, and refer students exhibiting signs of psychological distress.
- Fully 97% of respondents said the use of virtual role-play exercises was an effective instructional tool.
- 96% of participants said they would recommend the course to their colleagues.

Please take advantage of the availability of this training to help safeguard students and support mental and behavioral health. For more information, contact Student Health Services at 831.479.6435 or Dianne Avelar, LMFT 831.479.6230

To access training, go to: http://kognitocampus.com/faculty/ccc  Your enrollment key is: ccc8752

This training is made available to all California community colleges through the CCC Student Mental Health Program, a partnership between the Chancellor’s Office and the Foundation for California Community Colleges (FCCC) funded through a grant from the California Mental Health Services Authority (CalMHSA). CalMHSA is an organization of county governments working to improve mental health outcomes for individuals, families and communities. CalMHSA administers programs funded by the voter approved Mental Health Services Act (Prop. 63) on a statewide, regional and local basis.