

Cabrillo and Community Crisis and Referral Resources

In urgent crisis:

911

Suicide/Crisis Hotlines –
Santa Cruz County 831-458-5300
National 1-877-663-5433

Crisis Text Line – 741741

County Mental Health Hotline
831-454-4022, 831-763-8990

On Campus Resources:

Title IX Office

477-3373, Bldg 1500, office 1550

Sheriff's Office

Non Emergency – 471-1121

ASC (Accessibility Support Center)

476-6379, outside room 1073,
upstairs behind the library
in The Hub

Community Resources:

211
(Resource Hotline)

Alcohol and Drug Helpline
1-888-633-3239

Defensa de Mujeres
831-685-3737

24-hour Domestic Violence Hotline
1-866-269-8559

Family Service Agency
831-423-9444

Homeless Community Resource
831-458-6020

Live Oak Community Resource Center
831-476-7284

Monarch Services
1-888-900-4232

Mountain Community Resources
831-335-6600

Pajaro Valley Prevention and Student
Assistance (PVPSA)
831-728-6445

Walnut Avenue Women's Center
831-426-3062

Shine a Light Counseling Center
831-996-1222