The following benefit modifications will be implemented to the Blue Shield HMO plans effective October 1, 2010:

- **Durable Medical Equipment:**
  - There will no longer be a plan payment maximum ($2,000) per calendar year.

- **Rx plan changes:**
  - Smoking Cessation: Limitation of 24 week course per lifetime will be removed; copayment for medications will match the generic copayment.
  - Home self-administered injectables: These have been renamed “Specialty Drugs”; copay will remain the same. More drugs will be added to this benefit category.
  - Diabetic strips: Non-formulary and formulary diabetic strips are currently covered at the formulary copay. Going forward, non-formulary strips will be covered at the non-formulary copayment (higher copayment).

- **Family Planning and Infertility Benefits:**
  - Intrauterine Devices (IUD) will be covered at 50% of allowed charges. Office visit copay will apply for IUD insertion and removal.
  - Office visit copay for diaphragm fitting or injectable contraceptives and diaphragm fitting procedure have been separated as distinct benefits. Previously these benefits were combined.
  - No charge for diaphragm fitting procedure.

- **Outpatient routine newborn circumcision (office visit, outpatient facility, ambulatory surgical center)**
  - These benefits will now accrue to the copayment maximum.

- **Mental Health and Substance Abuse Benefits:**
  - There is no longer a visit limit for outpatient visits for non-severe mental health conditions and substance abuse.
  - PacifiCare Behavioral Health will no longer administer the Employee Assistance Program (EAP). These benefits will be covered under the Blue Shield LifeReferrals 24/7 program. Contact customer service at (800) 985-2405.