Clark returns to lift Cabrillo over Gavilan

Sentinel staff report

After missing three matches with a concussion, Sierra Clark returned and had eight kills and two blocks, as Cabrillo College's No. 1 state-ranked women's volleyball team swept host Gavilan 25-14, 25-19, 25-14 in the teams' Coast Conference South Division match in Gilroy on Wednesday.

Ally Russo had 11 kills, libero Michelle Meyer had 21 digs and setter Brooke Carroll made 28 assists for the Seahawks [17-0 overall, 4-0 CCS]. No. 24 Gavilan falls to 3-1 in conference.

Cabrillo's Skyler Moon drives the ball past the Gavilan defender for a kill Wednesday night.

MEN'S WATER POLO

RJ Newkirk led Cabrillo in scoring for the second straight game, but the Seahawks fell 14-6 to powerhouse West Valley on the road in a Coast Conference matchup.

Newkirk found the net three times and Matt Slobodian scored twice. Joey DeSalvo had his hands full in net, making 17 saves.

Cabrillo [5-9, 1-1 CC] next plays in the two-day Cuesta tournament starting Friday.

WOMEN'S WATER POLO

Kendra Puente and Heather Mullowney scored four goals each as Cabrillo topped West Valley 13-6 in a Coast Conference game.