Cabrillo’s LeFever torches SF City

Sentinel staff report

Sarah LeFever hit two home runs and the Cabrillo College softball team torched host San Francisco City 15-1 in a Coast Conference makeup game Wednesday.

LeFever’s power surge accounted for half of the Seahawks’ homers. The sophomore hit a solo shot and a two-run laser to complement blasts by Jayme Sprague and Bianca King. King added four RBIs and three runs scored.

Camille Flores allowed two hits and an unearned run, striking out six and walking two in a complete-game win.

Cabrillo [9-12 overall, 3-3 Coast Conference] continues conference play at home against Ohlone at 3 p.m. today.

HIGH SCHOOL SOFTBALL

Kendra Salangsang shined on the mound and at the plate as San Lorenzo Valley beat host North Monterey County 3-0 in a nonleague game.

Salangsang [3-2] threw a complete game, recording seven strikeouts with no walks. She finished with a two-hitter, retiring the last 18 batters in a row as the Cougars [4-3] recorded their fourth straight win.

SLV smacked 11 hits.

Hayle Leontieff and Salangsang each went 2-for-4 with an RBI. Chere Garcia also had two hits.

Samantha Flores took the loss for NMC [2-4]. The Cougars host North Salinas [3-2] at 4 p.m. today.

Mara Arroyo’s two-run home run broke open a 3-3 tie and Monte Vista Christian School went on to beat host Alisal 9-5.

Arroyo added an RBI single and Mustangs teammate Kayli Cooper went 3-for-4 with a double, an RBI and a run scored.

Natalie Allen pitched a complete game, giving up five hits — two earned — on five hits while striking out four.

MVC [3-4-1] begins Monterey Bay League play Tuesday at 4 p.m. against visiting Christopher.

HIGH SCHOOL BASKETBALL

The fourth annual North-South All-Star Basketball Classic will be held April 1 at the Boys and Girls Club in Salinas.

The girls game will start at 6 p.m. followed by the boys game at 7:30 p.m. The event will feature the top graduating seniors from Santa Cruz, San Benito and Monterey counties playing in a college-format game.

Team rosters have yet to be announced. Proceeds from will benefit the Sunrise House, a youth and family counseling/crisis center in Salinas, and the Boys and Girls Club of Salinas.

HIGH SCHOOL TRACK AND FIELD

An otherwise typical Santa Cruz Coast Athletic League dual meet will be met with fanfare at 4 p.m. today, when Soquel visits Santa Cruz, marking the first time in more than a decade the Cardinals have hosted a complete track meet.

Anthony Brown, Santa Cruz’s 13-year coach, said an attempt to hold a meet on the previous rough dirt track was made seven or eight years ago, but was unsuccessful.

Santa Cruz High’s new all-weather track was completed after the regular season wrapped up last year. The track has only been used for practices up until now.