Cabrillo volleyball clinches title

Sentinel staff report

Sierra Clark stepped up for Cabrillo College women's volleyball team and the Seahawks beat Gavilan in three games to seal the Coast Conference South regular-season title at home Friday night.

Clark knocked out 13 kills in the match, which the Seahawks won 29-27, 25-17, 25-18.

“She did a really good job,” Cabrillo coach Gabby Houston said of the sophomore middle blocker, who is in her second year with the team.

The conference title is Cabrillo's fifth straight. Also for the Seahawks, Tori Bozzo had 12 kills, and Brooke Carroll amassed 32 assists and four blocks. Meanwhile, defensive specialists Ashley Pittman and Alekxis Mondragon made contributions of 19 and 17 digs, respectively.

Gavilan falls to 14-8 overall and 7-2 in conference. Cabrillo [21-1, 9-0] plays its regular-season finale at West Valley at 6:30 p.m. Wednesday before moving on to postseason play.

MEN’S SOCCER

Miguel Acero scored the go-ahead goal in the 63rd minute to help Cabrillo edge host Canada 3-2 to improve to 7-3-1 in Coast Conference Central play.

Acero also had an assist on Leo Flores' first-half goal. Teammate Allan Arrieta scored in the 56th minute with an assist from Miguel Avalos, and keeper Cesar Rocha had seven saves in 90 minutes.

Cabrillo hosts Monterey Peninsula College at 7 p.m. Tuesday.

WOMEN’S SOCCER

Cabrillo beat visiting MPC to improve to 9-0 in Coast Conference South competition.

MPC scored in the seventh minute on a Cabrillo own goal. Emily Palmer scored the first two goals for the Seahawks — in the 11th minute on an Emma Obray assist and in the 24th minute with an assist from Alana Migliardi. Obray also found the back of the net herself in the 63rd minute on a Keara McCullough assist.

Goalie Jazmin Juarez saved three shots in 90 minutes of work for the Seahawks. Cabrillo's Chere Garcia was red-carded with eight minutes remaining. After contesting the call, coach Mike Arzabal was also ejected.

The Seahawks host Foot hill at 2 p.m. Tuesday. A win would clinch the Coast Conference South title for Cabrillo.

WOMEN’S WATER POLO

Cabrillo goalkeeper Lily Berger made eight saves en route to the shutout and the Seahawks dominated host Laney College 17-0 in Coast Conference South play.

Heather Mullowney scored four goals and Bianca Grossi scored three for Cabrillo. Teammate Kendra Puente scored once while drawing three kickouts.

Cabrillo [4-3 Coast Conference South] is the fourth seed going into the conference tournament Friday and Saturday at De Anza College.

GIRLS WATER POLO

Bridget Grossi scored three goals to lead Santa Cruz past visiting Harbor 7-1 in a Tri-County Athletic League Valley Division game.

Allie Wiegel, Alex Scott, Lindsey Frankel, and Kenzi Stair each added a goal for the Cardinals.

Olivia Mahach scored the lone goal for the Pirates, who fall to 12-10 overall and 11-5 in TCAL Valley competition.

Goalie Jane Tobias logged four saves for Santa Cruz.

In the first game of the day, the Pirates fell to Buena High 23-25, 30-28, 15-9. Next, they lost to South Torrance 25-13, 25-23. In their final game of the day, the Pirates beat Granada Hills 25-23, 25-15.

Delanie Borek logged 25 kills on the day for the Pirates [17-13]. Teammate Kelsey Shaver added 15 kills while Grace Thompson logged 30 assists, and Patrice Williams added eight kills for Harbor, which will play in the silver bracket of the tournament today.

GIRLS VOLLEYBALL

Harbor High lost two pool play games and won one in the first day of the Power Classic in Redondo Beach.

In the first game of the day, the Pirates fell to Buena High 23-25, 30-28, 15-9. Next, they lost to South Torrance 25-13, 25-23. In their final game of the day, the Pirates beat Granada Hills 25-23, 25-15.

Delanie Borek logged 25 kills on the day for the Pirates [17-13]. Teammate Kelsey Shaver added 15 kills while Grace Thompson logged 30 assists, and Patrice Williams added eight kills for Harbor, which will play in the silver bracket of the tournament today.