

**MEN'S NORCAL SOCCER PLAYOFFS**

EVERGREEN VALLEY 2, CABRILLO 1, OT

# Seahawks ousted in OT

All 3 goals scored after regulation

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APTOS — Cabrillo College's men's soccer team matched visiting Evergreen Valley through 90 minutes — each team logged five shots with zero goals to show for it.

Unfortunately for the No. 7 Seahawks, overtime was a different story for their 10th-seeded opponents.

Evergreen Valley matched its regulation total with five shots in the first OT period alone — with two of them finding the back of the net — and held on to win 2-1 in the teams' NorCal Regional tournament opener Saturday afternoon at Cabrillo College.

"I felt that in regulation we controlled the game a bit more," Seahawks coach Paolo Carbone said. "Unfortunately, we did not win. Evergreen Valley is a very good team and very well-coached and I have nothing to complain about my team — we had a great season."

Evergreen Valley [13-6-2] got its first goal in the third minute of the first overtime when Fernando Deras connected on a deep cross from Andy Sandoval. Aaron Gaur would add an insurance goal for the

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**WOMEN'S NORCAL SOCCER PLAYOFFS**

FOOTHILL 1, CABRILLO 0



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Alexis Williams steals the ball with a hard slide for Cabrillo College in first-round playoff action against Foothill on Saturday at Cabrillo.

# Cabrillo shut out

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APTOS — The Cabrillo College women's soccer team had 85 minutes to make a comeback, and seemingly as many chances, but couldn't crack Foothill's defense in the first round of the NorCal Regional playoffs Saturday.

Foothill freshman forward Bryanna Lopes scored in the fifth minute for the 10th-seeded Owls, and though No. 7 Cabrillo controlled play most of the rest of the way, the Seahawks' season ended with a 1-0 loss at home.

Sophomore goalkeeper Mikaela Jakobsson earned

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## WOMEN

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the shutout for Foothill with six saves, including a diving stop on a shot by Cabrillo leading scorer Emily Palmer in the 40th minute to thwart the Seahawks' best chance of the match.

"You always think you dominated, so it's hard to tell if you really did," Cabrillo coach Michael Arzabal said. "I've told my grandma every game I've ever played we dominated. But when the other coach and a ref confirm it, it must be true. I thought we did enough to win the game, but that's soccer."

Cabrillo's attack looked more in sync, but it was a perfect passing sequence by the Owls that led to the match's only goal.

Foothill capitalized when the Seahawks whiffed on a clearing tip while controlling the ball in their defensive third. Alyssa Trujillo took a pass and found Lopes cutting through Cabrillo's back line with a well-timed through ball. Lopes fired low to the far left corner, juts out

of reach of goalkeeper Sara Ostlund.

"We had the ball for six or seven passes in a row and made a bad pass," Arzabal said. "We were bad at good soccer. We needed to be good at bad soccer and just kick the crap out it."

The Seahawks were missing Coast Conference South Defender of the Year Brittany Kuo, who Arzabal said suffered a serious leg injury in Cabrillo's regular-season finale against De Anza.

They still had Palmer, however, who won the conference's Offensive Player of the Year award while leading the team to the league title and a 15-4-0 overall record.

She set up plenty of scoring opportunities, especially on a series of four corner kicks in the second half that all ricocheted dangerously in front of the Foothill goal mouth, but the Owls managed to clear them all.

"We just couldn't get it in the back of the net at the end of the day," said Palmer, who will play at San Francisco State next year. "We couldn't get it up to our forwards. We almost did, but we never got that ball we needed."



BILL LOVEJOY/SENTINEL

Cabrillo College's Natasha Roberts negotiates the Foothill defense in the first half.

## MEN

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Eagles four minutes later to take a 2-0 lead.

Alan Barrientos scored the Seahawks' lone goal of the game off an assist from Edoardo Aguilar around the four-minute mark of the second mandatory overtime.

"It's unfortunate that one team has to lose in a game like this," Evergreen Valley coach Joseph Silveira said.

Cabrillo had a chance to win the game in regulation when a header by Riley Stevens caromed off the right crossbar. Eagles keeper Alan De Queiroz gobbled up the loose ball before it could trickle over the goal line.

"Cabrillo is a great team; they battled from start to finish," Silveira said. "We scored twice in the first overtime and that was huge. We got the win, now it's time for us to get ready for Foothill."

Evergreen Valley will visit No. 2 Foothill on Tuesday in Los Altos in a second-round matchup.

Goalkeeper Cesar Rocha had 11 saves in the loss for Cabrillo and Eagles keeper Alan De Queiroz had seven.

Cabrillo — champion of the Coast Conference Central Division — wraps up its season at 12-8-2.

The Seahawks fielded 23 freshmen out of 27 total players, making them a prime candidate to repeat their conference title and have another go at NorCals next season.