MEN'S NORCAL SOCCER PLAYOFFS
EVEGREEN VALLEY 2, CABRILLO 1, OT

Seahawks ousted in OT
All 3 goals scored after regulation

By RYAN SILAPAN
rsilapan@thesentinel.com

APTSO — Cabrillo College’s men’s soccer team matched visiting Evergreen Valley through 90 minutes — each team logged five shots with zero goals to show for it.

Unfortunately for the No. 7 Seahawks, overtime was a different story for their 16th-seeded opponents.

Evergreen Valley matched its regulation total with five shots in the first OT period alone — with two of them finding the back of the net — and held on to win 2-1 in the teams’ NorCal Regional tournament opener Saturday afternoon at Cabrillo College.

“Tied in regulation we controlled the game a bit more,” Seahawks coach Paula Carbone said. “Unfortunately, we did not win. Evergreen Valley is a very good team and very well-coached and I have nothing to complain about my team — we had a great season.”

Evergreen Valley [13-6-3] got its first goal in the third minute of the first overtime when Fernando Dorcia connected on a deep cross from Andy Sandoval. Aaron Gaur would add an insurance goal for the unbeaten Golden Eagles on the second OT shot.

WOMEN'S NORCAL SOCCER PLAYOFFS
FOothill 1, Cabrillo 0

Cabrillo shut out

By RYAN MOSES
rmoses@thesentinel.com

APTSO — The Cabrillo College women’s soccer team had 65 minutes to make a comeback, seemingly as many changes, but couldn’t crack Foothill’s defense in the first round of the NorCal Regional playoffs Saturday.

Foothill freshman forward Bryan Johnson scored in the fifth minute for the No. 18 seeded Owls, and though No. 7 Cabrillo controlled play most of the rest of the way, the Seahawks’ season ended with a 1-0 loss at home.

Sophomore goalkeeper Mikaela Jacobson earned a save on the shot from Johnson.

WOMEN
Continued from D1

the shortfall for Foothill with six saves, including a diving stop on a shot by Cabrillo leading scorer Emily Palmier in the 30th minute to thwart the Seahawks’ best chance of the match.

“Always trust your teammates, so it’s hard to tell if you’re really in this,” Cabrillo coach Michael Arzabal said. “I’ve told my team: every game, I’ve played well and we dominated. But when you have a team that’s really good, it’s hard to get them to win the game, but they’re good players.”

Foothill, on the other hand, had six saves and was able to withstand the Seahawks’ attack throughout.

“I felt that in regulation we controlled the game a bit better,” Seahawks coach Paula Carbone said. “Unfortunately, we didn’t have the opportunity to win. Evergreen Valley is a very good team and very well-coached and I have nothing to complain about my team — we had a great season.”

Evergreen Valley [13-6-3] got its first goal in the third minute of the first overtime when Fernando Dorcia connected on a deep cross from Andy Sandoval. Aaron Gaur would add an insurance goal for the unbeaten Golden Eagles on the second OT shot.

MEN
Continued from D1

Eagles four minutes later to take a 2-0 lead.

Alan Barrientos scored the Seahawks’ lone goal of the game off an assist from Evergreen Valley’s Michael Gaur four minutes later to cut the lead in half.

“It’s unfortunate that our team was given too much credit for the game,” Cabrillo coach Joseph Silva said.

Cabrillo had a chance to tie it in regulation when a header by Riley Stevens glanced right of the goal. Evergreen Valley goalkeeper Alan DeQuatro stepped in the path of the ball before it could go into the net.

“Cabrillo is a great team; they battled from start to finish,” Silva said. “We scored twice in the first overtime and that was huge. We got the win, now it’s time for us to get ready for Foothill.”

Evergreen Valley will take on No. 2 Foothill on Tuesday in Los Altos in a second-round matchup.

Goalkeeper Cesar Rocha had 11 saves in the loss for Cabrillo and Evergreen Valley goalkeeper Alan DeQuatro had seven. Cabrillo — champion of the NorCal Regional Division — wraps up its season at 12-0-3.

The Seahawks fielded 23 freshmen out of 27 total players, making them a prime candidate to repeat their conference title and have another run at the national championship.