SEAHAWKS DENY DELTA, CLAIM SPOT AT STATE

By ANDREW MYERSHEIMER
smartnews@sunaranet.com

Cabrillo heads to championships for 2nd straight year

APPROACH . Brooke Carroll changed up her approach during Game 2 on Tuesday night.

The sophomore setter for the Cabrillo College women’s volleyball team hadn’t done anything out of the ordinary through most of the first two sets during the Seahawks’ NorCal Finals match with visiting San Joaquin Delta College.

But the Son Lea Manor Valley High grad picked the right time to throw a curveball.

“I was just consistently setting and writing and setting, so I changed it up a bit,” said Carroll, who finished with a match-high 12 assists. “I saw an opening.”

It was one of the easier points scored for Cabrillo in what was an all-out offensive battle between the two teams. Although, there were few points more important.

The result was a 3-0 sweep of Delta, a match that lifted the host school to an important 25-14 lead, pushed top-seeded Cabrillo to a victory in Game 2 and kick-started the Seahawks toward three straight wins over Delta en route to a NorCal Final four against 

Looking on in awe, the two teams clash as Cabrillo beats Delta in the NorCal Finals. The Seahawks were led by a dominant performance from Brooke Carroll, who finished with a match-high 12 assists. Carroll’s performance set the stage for a dominant performance by Cabrillo, which swept Delta in straight sets.

The Seahawks were forced to rally around each other against No. 5 Delta [15], which had upset No. 2 City College in the previous round.

Cabrillo dominated the opening set, something that hadn’t happened in its last two matches — neither of which have resulted in a win over Delta in recent memory.

“Delta has been on the other end of some of our losses,” Carroll said. “We wanted to come out and prove ourselves today.

The Seahawks didn’t let up, scoring 13 of the last 15 points to win Game 3, 25-15, and secure their spot in the championship game.

“I remember being nervous before the game,” Carroll said. “But I’ve been making good reads and setting for my hitters. I’m proud of how we handled ourselves tonight.”

The Seahawks will face off against top-seeded Delta College on Saturday to determine the Northern California champion. The winner will advance to the state tournament.

“It’s a big moment for us,” Carroll said. “We’ve been working hard all year to get here.”