

## NUTS ABOUT HEALTHY FOOD

# County's healthiest restaurants earn kudos

## 2011 WINNERS

These restaurants won the 2011 Golden Carrot Award for offering healthy food choices:

**APTOS:** Cabrillo College cafeteria, 6500 Soquel Drive

**BEN LOMOND:** Sequoia Retreat Center, 11445 Alba Road

**CAPITOLA:** Fresh Choice, 3555 Clares St.; Shadowbrook, 1750 Wharf Road; Sweet Peas, 2121 41st Ave.

**FELTON:** Redwood Pizzeria, 6205 Highway 9

**SANTA CRUZ:** Alfresco, 1520 Pacific Ave.; Café Mare, 740 Front St.; Caffe Lucio, 381 Soquel Ave.; Charlie Hong Kong, 1141 Soquel Ave.; El Chipotle Taqueria, 4724 Soquel Drive; Falafel of Santa Cruz, 1501 Mission St.; Mamma Lucia's, 1618 Mission St.; Peachwood's, 555 Highway 17; Pearl of the Ocean, 736 Water St.; The Greek, 435 Front St.

**SCOTTS VALLEY:** Auntie Mame's, 3103 Scotts Valley Drive; Jia Tella's, 18 Victor Square.

**SOQUEL:** Land of Medicine Buddha, 5800 Prescott Road

**WATSONVILLE:** Café Ella, 734 E. Lake Ave.; Erik's DeliCafe, 1074 S. Green Valley Road; Monterey Bay Caterers, 152 W. Lake Ave., Reynas, 629 Main St. No. 237; Second Street Café, 28 Second St.; The Galley at West Marine, Watsonville Catering, 36 Meredith Way

SOURCE: Go for Health!