PRAISEWORTHY

Kudos to Cabrillo Stage for LUNCH

Congrats to Jon Nordgren and his staff at Cabrillo Stage for their courage and bold vision in presenting the new musical, LUNCH. Indeed, treating audiences to new works of art is a tremendous financial gamble. Critics, far too often, refrain from awarding their praise around the unknown.

Though past Cabrillo Stage classics have always entertained, LUNCH provided much more. As I sat in the audience absorbing each line of dialogue, laughing at the gestures and comedic timing of the actors, embracing their powerful voices and the beautiful notes of the musicians I realized I was truly feeling the power of art. As the ancient Greeks believed, Drama is a tool to promote a catharsis. Theater can transcend, purge our emotions, entice empathy, create healing, and foster connections.

Thank you to the authors of LUNCH and Jon for taking risks and providing a catharsis for us all.

WILL C. GUILFORD, Watsonville