DENTAL HYGIENE STUDENT PHYSICAL AND NON-PHYSICAL STANDARDS

In the interest of your own personal safety, the safety of patients and the potential liability to both the college and clinic, there are significant requirements that must be met in order to be a student in the clinical area. The Centers for Disease Control (CDC) recommendations for Health Care Workers are extensive. The student hygienist must be in good physical and mental health to meet attendance requirements and stamina demands. Before clinical placement, students are required to obtain documentation from a health care provider that they are able to meet minimum physical and non-physical standards. In addition, students must provide documentation of completion of tuberculosis (TB) testing, the hepatitis series, and other vaccinations. Physical requirements must be current and in compliance with Cabrillo College Allied Health policies.

In accordance with the Americans with Disabilities Act (ADA) Public Law 101-336, the Cabrillo College Dental Hygiene Program makes every effort to make reasonable accommodation to any qualified individual with disability. The program will not discriminate against any individual because of age, gender, ethnic background, sexual orientation, political affiliation, or disability.

Please read the following Standards carefully and completely. Prior to starting the program, each incoming student is required to provide certification of physical and mental ability to meet minimum standards for clinical placement. Do Not Obtain Physician’s Authorization until you are invited to begin the program. When you fill out the Application Part One (1), use BLUE or BLACK ink to place your initials on the line to the left of each statement, then sign and date at the bottom indicating that you have read and understood these Standards. Remember to keep a copy for your records.

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The Dental Hygiene student must possess the following capabilities in the areas indicated:

**HEARING - Use of auditory sense**
- Initial Below
  - Auditory ability sufficient to monitor and assess health needs.
  - Ability to hear and verbally respond to patient questions and directions from instructors, students, staff in person or

**VISUAL - Use of sight**
- Visual ability sufficient for observation and assessment necessary in dental hygiene care.
- Perform the required procedures in the oral cavity, chart identification and recording, calibrating sterilization and x-

**TACTILE - Use of touch**
- Tactile ability sufficient for physical assessment, operation of instruments and equipment.
- Perform required techniques using scaling and polishing instruments, dental equipment, syringes, radiographic

**MOBILITY - Physical ability, strength and stamina**
- Physical abilities and stamina sufficient to perform required functions of patient oral care.
- Lift, carry or move objects weighing up to 40 pounds. Stand, rotate, push, pull, sit, bend, flex, squat and torso.

**MOTOR SKILLS - Physical ability, coordination, dexterity**
- Gross and fine motor abilities sufficient to provide safe & effective dental hygiene care.
- Execute the small muscle hand and finger motor movements required to safely perform dental hygiene services.

**COMMUNICATION - Speech, reading, writing and effective use of English language.**
- Communication abilities sufficient for effective interaction in verbal, nonverbal and written form.
- Comprehension and accurate recall of verbal and written communication. Interaction with patients, families, students,
- Concisely and precisely explain treatment procedures, initiate preventive dental care, interpret patient’s response, and

**INTERPERSONAL - Ability to relate to others**
- Abilities sufficient to effectively interact with individuals, families, groups & colleagues from a variety of social.
- Establish rapport with patients, families, and colleagues.

**BEHAVIORAL - Emotional & mental stability**
- Functions effectively under stress
- Flexible, concern for others. Ability to provide safe dental care environment with multiple interruptions and noises,

**CRITICAL THINKING - Ability to problem solve**
- Critical thinking ability sufficient for clinical judgment.
- Identify cause-effect relationships in clinical situations, develop dental care plans.

My signature below indicates that I have read and understood each standard. Before clinical placement all students will be required to obtain a Physician’s Authorization documenting their ability to meet minimum physical and non-physical standards.

| Signature | Date |